



October 11, 2020

Bird's Hill School
3950 Raleigh St
East St Paul, MB R2E0G9

Dear Parent/Guardian of Students at Bird's Hill School,

Manitoba public health officials advised Bird's Hill School on October 11, 2020 of a confirmed case of COVID-19 in the school on September 30, October 1 and October 2 when the individual may have been infectious.

Bird's Hill School is working closely with public health officials and following their recommendations. Public health investigations to identify individuals who may have been exposed begin within 24 hours of a confirmed laboratory test. Anyone identified as a close contact will be contacted and provided instructions for self-isolation (quarantine). Testing may also be recommended.

Based on the public health investigation, this exposure was assessed to be low. The infection was not believed to be acquired at school.

Please note: the school is not permitted to release the name or any identifying information about the confirmed case of COVID-19 to any member of the school, community or media.

If you have not been contacted by public health officials, your child(ren) have not been identified as being exposed to COVID-19 from this case. However, if your child develops a new onset or worsening of any one symptom listed in Column A or any two or more symptoms listed in Column B (see table below), even if they are mild, immediately isolate them from others. It is recommended your child get tested for COVID-19 as soon as symptoms appear. Call Health Links—Info Santé at 204-788-8200 or toll-free at 1-888-315-9257 for information on testing and isolation.

A	B
Fever/Chills	Runny nose
Cough	Muscle aches
Sore throat/hoarse voice	Fatigue
Shortness of breath/difficulty breathing	Pink eye (conjunctivitis)
Loss of taste or smell	Headache
Vomiting or diarrhea for more than 24 hours	Skin rash of unknown cause
	Nausea or loss of appetite
	Poor feeding (if an infant)

Please note: individuals with symptoms outlined in columns A and B, who choose not to be tested, must isolate for a minimum of 10 days following the start of symptoms. Isolation can be stopped at day 10 if the individual has been symptom-free for 24 hours.

For more public health information about COVID-19, please visit <https://manitoba.ca/covid19/updates/resources.html>.

Sincerely,

A handwritten signature in black ink, appearing to read "Joss Reimer". The signature is written in a cursive style with a horizontal line at the end.

Dr. Joss Reimer
Medical Director of Population and Public Health
Winnipeg Regional Health Authority