

- In week 53 there were **218** cases of influenza A and **3** cases of influenza B
- A total of **472** cases of influenza A and **8** cases of influenza B have been reported since the start of the current influenza season
- The volume of tests significantly increased from the previous week

#### Laboratory



- Since the beginning of this season, **68** hospitalizations, **7** ICU admissions, and **9** deaths associated with a laboratory-confirmed diagnosis of influenza have been reported

*\*Numbers are subject to change as more data become available*

*\*The reason for the reported hospitalizations, ICU admissions, and deaths does not have to be attributable to the influenza diagnosis*

#### Severity



- The following regional proportions have been observed among cases of influenza this season:

Winnipeg (**46%**)  
Northern (**11%**)  
Prairie Mountain (**23%**)  
Southern (**9%**)  
Interlake-Eastern (**11%**)

#### Geography



- The proportion of patients visiting sentinel physicians for influenza-like-illness was **12.94%** (8.37% in week 52)

#### Outpatient ILI (sentinels)



- Manitoba's influenza activity, as estimated by Google Flu was **Intense**
- There were **54** Calls to Health Links - Info Santé (26 calls in week 52)

#### Syndromic Surveillance



- In week 53, **254** units of oseltamivir were dispensed from community retail pharmacies
- Since October 1, 2014, **766** units have been dispensed

#### Treatment



- Since September 1, 2014, **43** lab-confirmed outbreaks of influenza A have been reported

#### Institutional Outbreaks



- Since September 1, 2014, **no** isolates have tested positive for resistance to either oseltamivir or zanamivir

#### Antiviral Resistance



- As of January 2, 2015, **16.8%** of Manitobans had received the seasonal influenza vaccine

*\*This provisional estimate is subject to change*

#### Immunization



## In Summary

- There were **218** laboratory-confirmed cases of influenza A and **3** cases of influenza B reported in week 53

# Surveillance Measures

## 1. Laboratory Surveillance

Reports of influenza nucleic acid detection, culture isolation, and enzyme immunoassay (EIA) detections are received from Cadham Provincial Laboratory (CPL) and occasionally other laboratories. These reports are forwarded to the Surveillance Information Systems (SIS) within 24 hours of confirmation.

CPL performs testing for other respiratory viruses including parainfluenza, RSV, adenovirus, rhinovirus, coronavirus, enterovirus, and bocavirus. The total number of other respiratory viruses detected is reported to SIS on a weekly basis.

In week 53, there were:

- **218** cases of influenza A reported;
- **3** cases of influenza B reported.

Since the beginning of this season, there have been:

- **472** cases of influenza A reported;
- **8** case of influenza B reported.

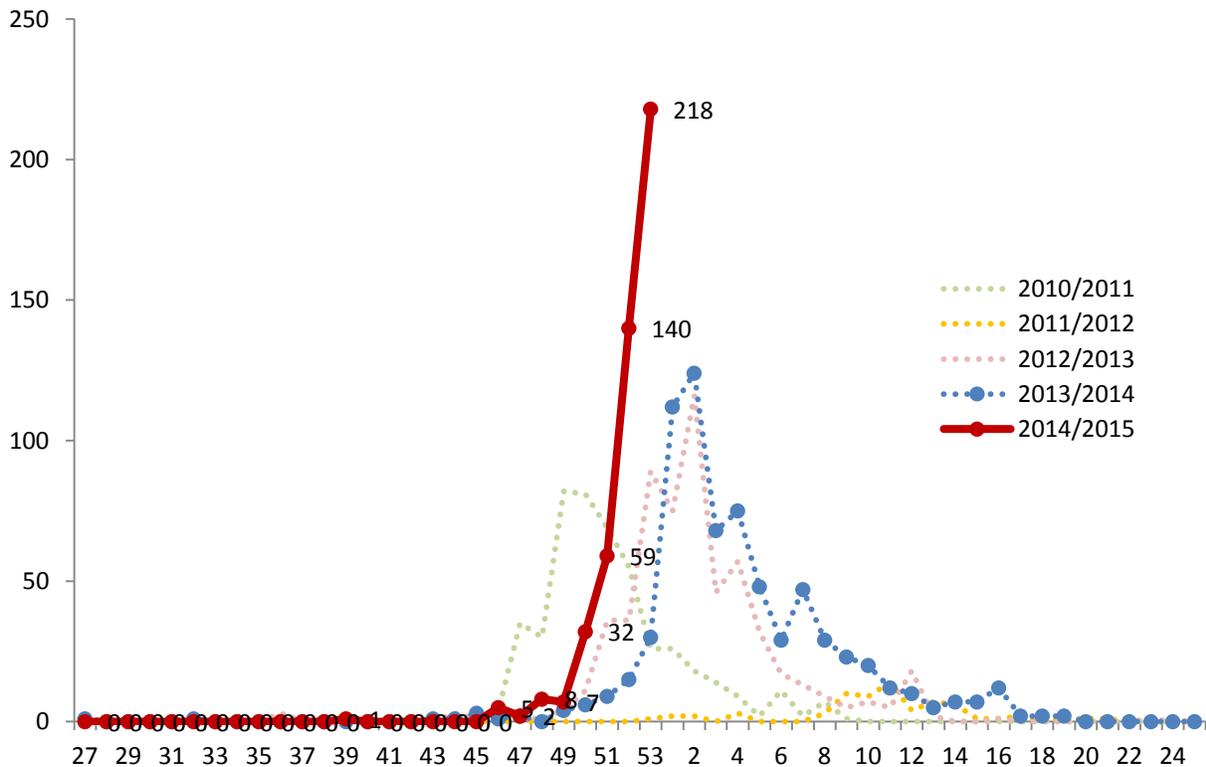


Figure 1. Number of laboratory-confirmed influenza A cases by week

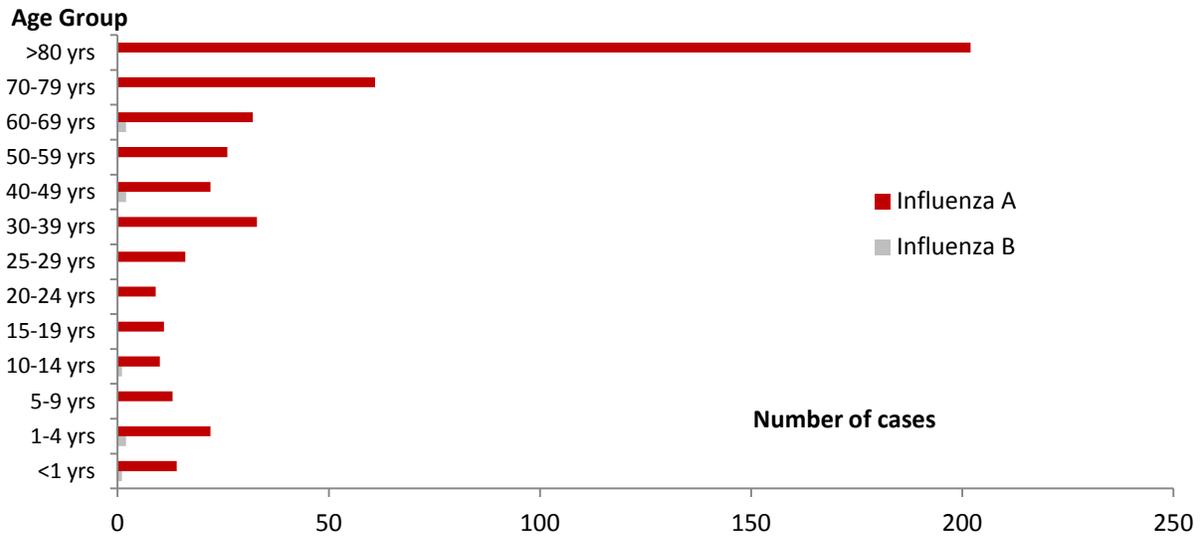


Figure 2. Cases of influenza A and B by age group, Manitoba, 2014/15

## 2. Outpatient Influenza-Like-Illness (ILI) – Sentinel Physicians

The proportion of patients seen for ILI in Week 53: **12.94%**

The proportion was lower than observed around the same time last season.

Manitoba Health participates in the National *FluWatch* Program coordinated by Public Health Agency of Canada (PHAC). In addition to laboratory-confirmation of influenza, this program relies on weekly reports of ILI as reported by 27 current Manitoban sentinel physicians in all five Regional Health Authorities (RHAs) including Northern, Southern, Prairie Mountain, Interlake-Eastern, and Winnipeg.

Manitoba Health, Healthy Living and Seniors (MHLS) receives weekly reports from PHAC presenting the provincial ILI rate and the specific data for each of the participating sentinel physicians. The graph below depicts the proportion of total patients who were seen for an ILI. **These numbers should be interpreted with caution as the number of sentinel physicians reporting to *FluWatch* varies from week to week and may not be representative of ILI activity across the province.**

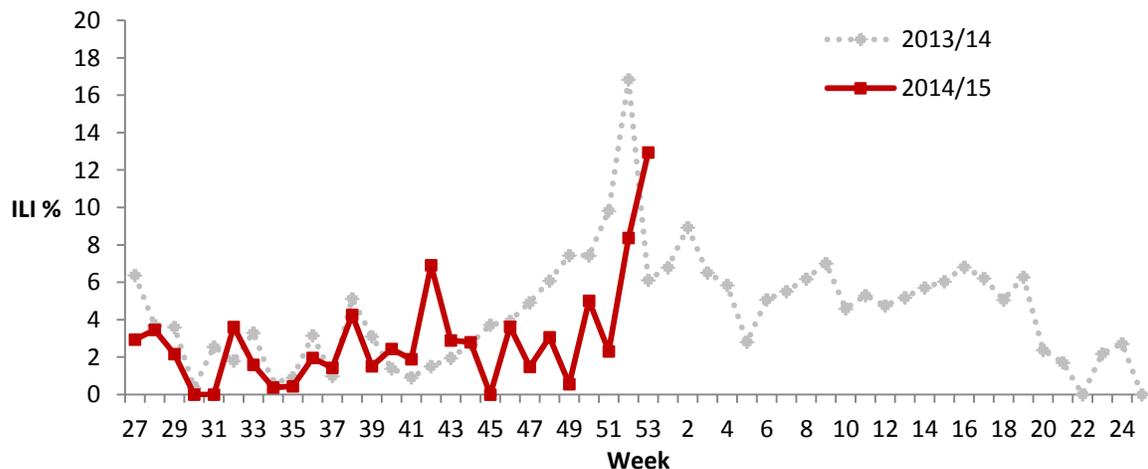


Figure 3. Proportion of patients seen for ILI as reported by *FluWatch* sentinel physicians by week for the 2013/14 and 2014/15 influenza seasons, Manitoba

### Health Links – Info Santé (HL-IS)

HL-IS is a 24-hour, 7-days a week telephone information service staffed by registered nurses with the knowledge to provide answers over the phone to health care questions and guidance to appropriate care. When a caller phones HL-IS and selects the Influenza Service, they are given an option to select information on (1) the groups of individuals who are at an increased risk of serious illness, (2) how to arrange a flu shot, (3) the annual influenza immunization campaign, or (4) the management of flu and its potential complications.

There were **54** calls to HL-IS in week 53.

This weekly total was lower than the total observed around the same time last season.

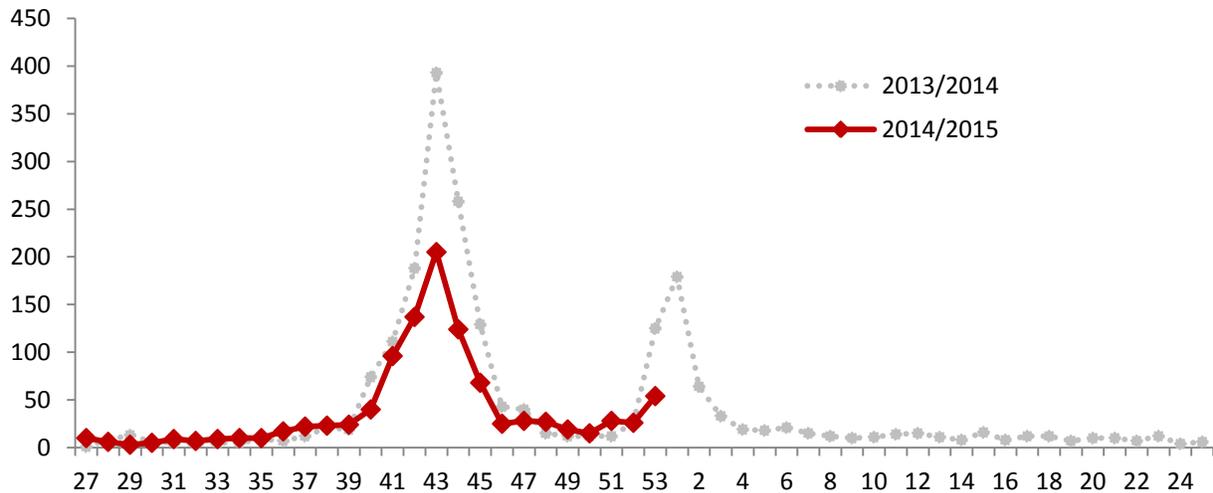


Figure 4. Number of calls to HL-IS in the 2013/14 and 2014/15 influenza seasons, Manitoba

### Severity (Clinically Severe Cases)

This season, PHAC is requesting provinces and territories to report the number of hospitalizations, ICU admissions, and deaths associated with a lab-confirmed report of influenza. The reason for hospitalization, ICU admission, or death does not have to be attributable to the influenza diagnosis in order to be included in this count. These data are collected in order to continue with the surveillance system implemented during the 2009 H1N1 pandemic to help monitor the severity/burden of illness during the influenza season.

In week 53 there were:

- **40** hospitalizations, of which
- **5** resulted in an ICU admission; and
- **7** deaths<sup>1</sup>

Since the beginning of the season, there have been:

- **68** hospitalizations, of which
- **7** resulted in an ICU admission; and
- **9** deaths<sup>1</sup> (**1** in week 51 and **1** in week 52)

\*Hospitalized cases are reported based on laboratory report date.

\*Numbers are subject to change. Missed events in current weekly report due to a delay of submission to MHLS will be reported in the following weekly reports when data become available.

<sup>1</sup> The reason for hospitalization, ICU admission, or death does not have to be attributable to the influenza diagnosis in order to be included in this count.

### Institutional Outbreaks

Outbreaks of influenza must be accompanied by a positive influenza lab report to be counted. The outbreak-related cases reflected on tables and figures within this report are lab-confirmed. However, note that most outbreak-related cases will not be lab-confirmed.

In week 53 there were:

- 19 outbreaks of influenza A;
- 0 outbreaks of influenza B.

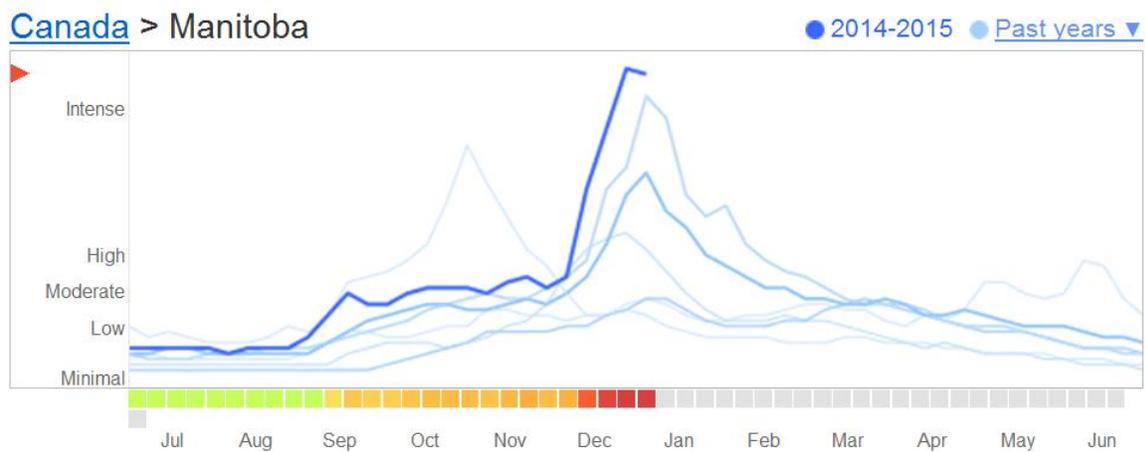
Since the beginning of the season, there have been:

- 43 outbreaks of influenza A;
- 0 outbreaks of influenza B.

\* Numbers are subject to change. Missed events in current weekly report due to a delay of submission to MHLS will be reported in the following weekly reports when data become available.

### Syndromic Surveillance

[Google Flu Trends](#) uses certain influenza-related search terms as indicators of influenza activity. These aggregated search data are used to estimate influenza activity. Google Flu Trends compares current estimates against a historic baseline of influenza activity for the relevant area or region. Depending on whether the current estimate is higher or lower than the baseline, the general activity is classified as Minimal, Low, Moderate, High, or Intense. As of January 8, 2014 Manitoba's influenza activity was **Intense**.



## Sub-Typing, Strain Characterization, and Antiviral Resistance

### Sub-Typing:

Sub-typing of influenza A specimens as reported by CPL, 2014/2015 flu season, Manitoba

A/H1	A/H3	A Unsubtyped	A Total
0	132	218	350

### Strain Characterization:

Since September 1, 2014, National Microbiology Laboratory (NML) has antigenically characterized **66** influenza viruses (40 H3N2, 2 H1N1, and 24 B viruses) that were received from CPL with the following results:

Strain	Number of viruses	
	Canada	Manitoba
A/Switzerland/9715293/2013-like <sup>1</sup>	34	2
A/Texas/50/2012 (H3N2)-like <sup>2</sup>	6	0
A/California/07/09 (H1N1)-like <sup>3</sup>	2	0
B/Massachusetts/02/12-like (B Yamagata lineage) <sup>4</sup>	24	1

### Antiviral Resistance:

Since September 1, 2014, NML has performed drug susceptibility testing on influenza isolates received from Canadian laboratories with the following results:

Antiviral resistance by influenza virus type and subtype, Canada, 2014/2015						
Virus type/subtype	Oseltamivir		Zanamivir		Amantadine	
	# Resistant	# Sensitive	# Resistant	# Sensitive	# Resistant	# Sensitive
<b>A(H3N2)</b>	0	175	0	173	296	1
<b>A(H1N1)</b>	0	2	0	2	2	0
<b>B</b>	0	21	0	21	N/A	N/A

N/A = Not applicable

The isolates tested from CPL had the following results:

Antiviral resistance by influenza virus type and subtype, Manitoba, 2014/2015						
Virus type/subtype	Oseltamivir		Zanamivir		Amantadine	
	# Resistant	# Sensitive	# Resistant	# Sensitive	# Resistant	# Sensitive
<b>A(H3N2)</b>	0	3	0	3	9	0
<b>A(H1N1)</b>	0	0	0	0	0	0
<b>B</b>	0	1	0	1	N/A	N/A

<sup>1</sup> A/Switzerland/9715293/2013 is the H3N2 virus selected for the 2015 Southern Hemisphere influenza vaccine. It is related to, but antigenically and genetically distinguishable from the A/Texas/50/2012 vaccine virus.

<sup>2</sup> A/Texas/50/2012 is the recommended H3N2 component for the 2014-2015 influenza vaccine.

<sup>3</sup> A/California/07/2009 is the recommended H1N1 component for the 2014-2015 Northern hemisphere influenza vaccine.

<sup>4</sup> B/Massachusetts/02/12-like virus, which belongs to the B Yamagata lineage, is the recommended influenza B component for the 2014-2015 Northern hemisphere influenza vaccine.

## Abbreviations

ACF = acute care facility  
CPL = Cadham Provincial Laboratory  
HL-IS = Health Links – Info Santé  
PHAC = Public Health Agency of Canada  
ICU = intensive care unit  
ILI = influenza-like-illness  
LTCF = long term care facility  
NML = National Microbiology Laboratory  
PHS = Public Health Surveillance  
RHA = Regional Health Authority  
WRHA = Winnipeg Regional Health Authority

## Explanatory Notes and Definitions

### ***Cumulative data:***

Cumulative data includes updates to previous weeks; due to reporting delays or amendments, the sum of weekly report totals may not add up to cumulative totals.

### ***Data extraction date:***

Manitoba-specific information contained within this update is based on data confirmed in Manitoba's PHS Unit databases on or before **Dec 19, 2014**, the date of data extraction.

### ***ILI in the general population:***

Acute onset of respiratory illness with fever and cough and with one or more of the following – sore throat, arthralgia, myalgia, or prostration, which is likely due to influenza. In children under 5, gastrointestinal symptoms may also be present. In patients under 5 or 65 and older, fever may not be prominent.

### ***ILI outbreaks:***

Schools: Greater than 10% absenteeism (or absenteeism that is higher (e.g. >5-10%) than expected level as determined by school or public health authority) which is likely due to ILI.

Hospitals and residential institutions: Two or more cases of ILI within a seven-day period, including at least one laboratory confirmed case.

Other settings: Two or more cases of ILI within a seven-day period, including at least one laboratory confirmed case; i.e. workplace, closed communities.

### ***Specimen collection date:***

The date the laboratory specimen is taken is used to assign cases to the appropriate week in this report. However, hospitalized/ICU cases are reported based on laboratory report date.

For other Epidemiology and Surveillance reports, please view the Manitoba Health internet website:

<http://www.gov.mb.ca/health/publichealth/surveillance/index.html>

For national surveillance data, refer to:

<http://www.phac-aspc.gc.ca/fluwatch/index-eng.php>