

**Manitoba Healthy Schools  
Physical Activity Campaign  
Fall 09**

**Beautiful Plains School Division**

School	Description
RIVERSIDE COLONY SCHOOL	Daily 10 minute walking and pizza party at the end of the year to celebrate hours in motion.
BROOKDALE SCHOOL	Read & Swim - After completing a required number of reading minutes, students will participate in an afternoon swim at the Sportsplex in Brandon.
RIVERBEND COLONY SCHOOL	Winter Olympics with four colony schools split into groups to compete at a park including Olympic sports and non-traditional sports.
HAZEL M. KELLINGTON SCHOOL	Terry Fox Run/Walk: Grades 4-6 run a loop back to the school; Grade K-3 will walk around town. Lunch will be served by a cancer care group of cancer survivors. Parents will be involved in the lunch
J. M. YOUNG SCHOOL	Daily activity - 15 minutes aerobics, walking/dance
SPRUCE WOODS SCHOOL	Equipment-gym dedicated to high-activity sports everyday at both recesses and all physical education classes during "Blitz the Gym" week. To purchase equipment to suit all ages.

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**Border Land School Division**

<b>School</b>	<b>Description</b>
SHEVCHENKO SCHOOL	To implement the House System, participation by students and staff in gym blasts, intramural activities, staff vs. student softball game to boost school spirit.
WEST PARK SCHOOL	Winter Olympics Challenge-December intramurals will choose an Olympic event each week to perform; medals will be given during Phys Ed and health classes with an opening and closing ceremony. Students will also study and learn about the events
BLUE CLAY COLONY SCHOOL	Special event for 2010 Winter Olympics including hockey, broomball, toboggan races, etc.
ELMWOOD ELEMENTARY	Run Walk Cycle Our way to Vancouver 2010 Olympics-during January to start of Olympics students will log kilometers during lunch hour on a large map of Canada which will be posted on gym wall, 1869 kms needed.
EMERSON ELEMENTARY	Healthy Start Program - Mornings begin with 15 min physical activity and Wednesday's breakfast after morning fitness. To purchase equipment.
PINELAND COLONY SCHOOL	Equipment-No gym in school and difficult for winter months. To purchase gym mats.
RIDGEVILLE COLONY SCHOOL	To purchase book, "No Gym? No Problem!" and supplies for stacking cups activities.
ROSENFELD ELEMENTARY	Daily Phys Ed classes, Daily intramural program at lunch, Terry Fox Run, Jump Rope for Heart and Track & Field day in June

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**Brandon School Division**

School	Description
KIRKCALDY HEIGHTS SCHOOL	Kirckaldy's Winter Olympics Day in February, 2010. Students will do a torch relay run, learn of participating countries and teams will represent a country and athletes. Event will include opening and closing ceremonies and students will participate in outdoor winter event stations. Hot chocolate and healthy snacks will be served. Parents volunteers will be involved.
VALLEYVIEW CENTENNIAL SCHOOL	Tag Day
KING GEORGE SCHOOL	Olympic activities to coincide with Winter Olympics. All students divided into multi-age groups from K to 8 and compete; the groups were started in fall and will continue with outdoor activities in February.
EARL OXFORD MIDDLE SCHOOL	Mini Olympics - all winter activities
GEORGE FITTON SCHOOL	Participated in Terry Fox School Run
RIVERVIEW SCHOOL	Kilometer Club: April/May and June the whole school will be involved. During recess the students run laps 4 laps=1.6 Km and each lap ran will be recorded in the classroom with the goal of achieving a half or full marathon.
SPRING VALLEY COLONY SCHOOL	To purchase equipment and prizes for organized intramural activities Mon, Wed and Fri
WAVERLY PARK SCHOOL	Events in October by Student Leadership Team "Walking Wednesdays" and "Walk the Talk Challenge" also promoting 'green' effect by walking and Active Announcements.
CROCUS PLAINS REGIONAL SECONDARY	Regular intramurals leagues throughout the school year
GREEN ACRES SCHOOL	Participated in Terry Fox Run this fall; Skating Program for winter; Track & Field and a Cross Country Running Race in spring; Play Day; Skip til you Drip events
HARRISON MIDDLE SCHOOL	To start a dance club including hip hop, line dance, pow wow and traditional as an extra curricular program and perform at school assemblies.
J. R. REID SCHOOL	Whole school 30-minute walk on October 7.
O'KELLY SCHOOL	To purchase equipment for the "O'Kelly Winter Olympics" during phys ed classes and intramurals to connect to the 2010 Vancouver Olympics
LINDEN LANES SCHOOL	Winter Olympic Sport Day-students to participate in a number of Winter Olympic type physical activities.
MEADOWS SCHOOL	Fitness Activity Walks-whole school to participate in weekly 1/2 hour walks in May and June. One walk in June will include a nutrition break.
BETTY GIBSON SCHOOL	Intramural Sports-offered throughout the year including Jump2BFit. To purchase resources for program.

**Campagne d'Écoles en santé**  
**Campagne de sensibilisation à l'activité physique**  
**Septembre 2009**

**Division scolaire franco-manitobain**

ÉCOLE CHRISTINE-LESPÉRANCE	Notre école organise plusieurs activités pour promouvoir la vie active chez nos élèves (Journée Terry Fox, Sautons en cœur, etc.). Cette année nous organisons une journée Récré-Action le 16 octobre afin d'enseigner l'esprit sportif et le plaisir du jeu à tous nos jeunes. Nous prévoyons aussi organiser une journée de ski pour les 5 <sup>e</sup> -7 <sup>e</sup> et du patinage pour d'autres niveaux.
ÉCOLE LAGIMODIÈRE	Jeux olympiques à l'école - Durant un après-midi, tous les élèves de l'école seront invités à participer à des activités reliées aux Jeux olympiques d'hiver. Les élèves seront divisés en groupes et se rendront de station à station pour participer à des jeux comme le hockey, le curling, le patinage de vitesse et le bobsleigh. Des prix seront tirés à la fin de l'après-midi.
ÉCOLE NOËL-RITCHOT	Nous avons un système de maisons, équipes mixtes M-8. Nous aurons 6 activités maisons pendant l'année scolaire en utilisant le thème des Olympiques. Nous organiserons une olympiade au mois de février qui consistera de jeux extérieurs genre sport olympiques (luge (glisser) patinage, ski de fond, etc.)
COLLÈGE LOUIS-RIEL	To purchase innovative equipment for intramurals organized by the leadership class for more participation and Pep Rally and a variety of activities throughout the school year.
ÉCOLE TACHÉ	Jeux du midi-Jeux intra-muros pour les élèves de la maternelle à 6e année; M à 3 - Centres d'activités 2x semaines, 4 - Jeux d'équipe 1x semaine, 5 - Jeux d'équipe 1x semaine, 6 - Jeux d'équipe 1x semaine
ÉCOLE PRÉCIEUX-SANG	Avec l'intégration de la technologie en éducation physique, j'aimerais commencer, d'une façon régulière, des cours de yoga, Tai Chi, Pilates, etc. à l'aide d'un portable et d'un projecteur. Non seulement, est-ce que les élèves peuvent en profiter, mais je pourrais aussi aller chercher les adultes sur notre personnel pour les encourager de devenir des modèles pour nos élèves.
ÉCOLE/COLL. RÉG. GABRIELLE-ROY	Ça marche pour la santé: Un arrêt de classe où les élèves de l'élémentaire et du secondaire sont jumelés, et par la suite une marche communautaire est faite dans le village pour 30 à 40 minutes. En plus à tous les matins (pour une semaine) les autobus déposeront les élèves au centre communautaire et à l'arène. Les élèves marcheront à l'école par la suite.
ÉCOLE ROMÉO-DALLAIRE	Pendant la semaine Louis Riel/Festival du Voyageur nous planifions fêter le plein air et la saison de l'hiver. Construction de quinzee, jeux pratiqués à l'extérieur et des sessions de survie et de sécurité seront partie de notre Brochette d'activités. Nous utiliserons les fonds pour des collation-santé ainsi que pour des outils comme des pelles pour la construction des quinzees.
ÉCOLE LA SOURCE	Semaine du 25 au 29 janvier nous faisons/organisons un "festival culture". L'aspect physique que j'ajoute est: Jour 1-raquette (piste), Jour 2-course à 3 pattes (extérieur-dans la neige), Jour 3-ski de fond/course de fond plus jeunes, Jour 4-activités des voyageurs (travail d'équipe-intérieur & extérieur), Jour 5-courses d'obstacles (thèmes-voyageurs).
CENTRE SCOLAIRE LEO-REMILLARD	Activités sur glace (ex. Patinage, ballon balais, hockey/ringuette, jam can curling etc.); construction d'une patinoire extérieure pour les élèves, la communauté et les cours d'éducation physique.

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**Evergreen School Division**

<b>School</b>	<b>Description</b>
SIGURBJORG STEFANSSON EARLY SCHOOL	Family Night: Parents and siblings of grade 4 students as well as the staff have been invited to the school for Dec. 1/09 from 7-8 pm for a Family Night. Group games, dances, fitness challenges, and a nutritious snack served.
ARBORG EARLY/MIDDLE YEARS SCHOOL	To purchase snacks and prizes for Dance-a-thon fundraising to upgrade heart rate monitors.
DR. GEORGE JOHNSON MIDDLE SCHOOL	Intramural sports every Wednesday in period 7 and at lunchtime. Will be divided into 12 houses, run by a teacher with different activity each week and involves whole school
GIMLI HIGH SCHOOL	Intramural Dodge ball-Divided all students into groups who meet every day for 15 minutes to plan 10 teams of 32 players and 2 teams will play until eliminated teams are down to 2. Then, will play in front of whole school. To purchase materials and supplies for our leadership program.
RIVERTON EARLY MIDDLE YEARS SCHOOL	Running Club & Intramurals-opportunity to participate in after school running club and intramurals sports throughout the year. Will purchase additional circuit training equipment/materials to support both programs

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**First Nations Operated**

<b>School</b>	<b>Description</b>
Neil Dennis Kematch Memorial School	Each morning has opening exercises for all students and staff for warm up and stress reduction and will kick start the day.
Waywayseecappo Community School	100 mile club - students to run at lunch, recess and before school on set course and completed students will be taken to the Manitoba Marathon in June.
Sakastew School	Activity challenge for every classroom for at least 10 minutes. After school intramurals, crafts and reading programs to motivate students to be active increase literacy and promote positive behaviour.
George Knott School	Intramurals-Floor hockey league for middle years; track and field training started to go south for track/field competition in Jan 2010
Anicinabe Community School	"I Love to Run" Club, Winter Carnival, Intramurals and Jump Rope for Heart prizes and awards
Otetiskiwini Kiskinwamahtowekamik	Sports Club-to provide safe, fun place for elementary-aged students to go after school and will be offered 2-3 times/week. To purchase prizes based on attendance and activities to be chosen by students and teachers involved.
Sioux Valley School	Intramural lunch program-grade 12 leadership in Phys Ed class to run various sports and tournaments throughout semester.
Sagkeeng Anicinabe High School	Intramural Sports - Lunch hour volleyball and basketball and Dragon boat racing in Winnipeg.
Abbalak Thunderswift Memorial School	Month of February will have winter games and Winter Carnival on Family Lake activities include cross-country skiing, snowshoe races, floor hockey, etc. To purchase hot chocolate and nutritious snacks.
Dauphin River School	Fun Run- To start running for fun in our gym. The gym teacher will make schedule.
Joe A. Ross School	Intramural Sports including Floor hockey, Basketball, Soccer, Scotterball, Kickball
Kistiganwacheeng Elementary School	To organize after school activities and provide more activity for late fall, winter, and early spring
Little Saskatchewan School	Intramural program during lunch hour. Will purchase extra equipment for the program
Poplar River School	Winter Olympics: Create an opening ceremony including lighting of the torch. Competition within the school using Olympic sports as a base and make alternations to make them more fun than competitive. In conjunction with the Polar River Winter Carnival.

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**Flin Flon School Division**

School	Description
MANY FACES EDUCATION CENTRE	Many Faces is an "Alternative High School", that is actively improving academic achievement through physical activity. Students will do 30-40 min of physical activity in the morning. Positive results have been attained in Chicago and Saskatoon. Funds would go towards purchasing Cardio equipment.

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**Fort La Bosse School Division**

School	Description
PLAINVIEW COLONY SCHOOL	To introduce curling through the Olympics.
GOULTER SCHOOL	Walking Program; Jump Rope for Heart; Music Class; Walking/Cycling; Walking Pedometer Challenge; Caught Being Active
ELKHORN SCHOOL	Intramural Sports - noon hour program for grades 4-12.
MARY MONTGOMERY SCHOOL	Olympic Celebration-in conjunction with 3 other schools in Virden planning an event to celebrate the Olympic torch relay and experience different Olympic sports prior to and after this event. To purchase an indoor curling kit for the gym and to purchase prizes in the form of Olympic apparel (red mittens)
VIRDEN JUNIOR HIGH	Hold challenges throughout the year for 12 different groups to accumulate points to win medals at the January 8th celebration as Olympic torch will be coming through community on January 9 <sup>th</sup> .
BOUNDARY LANE COLONY SCHOOL	Fun Run-to walk/bike/run to Vancouver by tracking 2 laps around the community/day (0.8 km).
OAK LAKE COMMUNITY SCHOOL	Literacy Evening "Middle Years Boys and Physical Activity" held at the skating rink with families receiving a nutritious meal and then students receive a book to be read by hockey player guest reader from the Oak Lake Icemen while other family members take part.
RESTON ELEMENTARY	To purchase water and nutritious snacks for participants of the Jump Rope for Heart event

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**Frontier School Division**

<b>School</b>	<b>Description</b>
WANIPIGOW SCHOOL	Intramural Sports-month of November during lunch period
MOUNTAIN VIEW SCHOOL	Soccer Tournament October 1/09; Winter sports also
JULIE LINDAL SCHOOL	Health Week-One healthy activity/day for 15-30 min includes classroom games, physical activity breaks, Math Olympics, walk around community, traditional competitions
LAKEFRONT SCHOOL	Fun Run-Every Wednesday an hour 'run' and in winter plan to snow shoe, cross country ski, etc.; pedometers will be purchased in future to graph steps and challenge to increase steps, community members encouraged to join and parents already showing interest.
COLD LAKE SCHOOL	A few times/week, students and staff will run for 15 minutes and then read for 15 minutes.
FRONTIER COLLEGIATE INSTITUTE	Intramurals-Year long evening intramurals. Focus on participation and fun. This season is volleyball intramurals.
MINEGOZIIBE ANISHINABE SCHOOL	Intramural Sports-students, staff and parents to make 3 or 4 teams for Floor hockey twice/week, every 2nd week
PHILOMENE CHARTRAND SCHOOL	Interschool Winter Olympics-Series of male and female events with competition with other schools and a point system will be kept to give a school prize
SKOWNAN SCHOOL	Noon hour activities everyday and Friday afternoons Olympic related activities for students, staff and parents.
CORMORANT LAKE SCHOOL	Walking Derby May 17, 2009 - Five stations throughout community with volunteers with a deck of cards and give one card/participant, when 5 cards are collected to make a poker hand, then prizes will be given out starting with best hand. A bottle of water will be provided.
D. R. HAMILTON SCHOOL	Fun Run, Jump and Throw day-students will include physical activities in every class of the Day-Regular Phys. Ed. Class will be held-The rest of the afternoon will be used for moving from different stations based on the Healthy Five. Staff and older students will accompany younger students- "Move it, Move it Day".
JOSEPH H. KERR SCHOOL	DEAM-Drop Everything and Move; Poster Contest, Healthy Breakfast, Walk to School Day, 100 Activities in Gym, Terry Fox Run, Tabloid, Track & Field, At my Best Program
WATERHEN SCHOOL	Intramurals offered everyday at noon and after school, Walk-a-thon in fall and Jump Rope for Heart in the spring.
BROCHET SCHOOL	Spirit Week fun afternoon with Chaos (fridge boxes) relay, Bench ball, Puzzle formation and Balloon Burst
FALCON BEACH SCHOOL	Terry Fox Run; Intramurals every 2nd day Nov-Feb; Running club after school Mar-June 3x/week; Manitoba Marathon (June)
JACK RIVER SCHOOL	Intramural activities during lunch hour and preparing teams for Frontier Games in March, 2010
MATHESON ISLAND SCHOOL	Terry Fox Run: The students collected donations from the community and participated in a 5km walk/run in the community.
PEONAN POINT SCHOOL	To purchase heart rate monitors for the Running Club at noon hour
ROD MARTIN SCHOOL	Winter Olympics
SAN ANTONIO SCHOOL	Winter Carnival-week's activities indoor and outdoor with points for each of the events students compete as 2 small teams.
WEST LYNN HEIGHTS SCHOOL	To purchase fresh fruit to distribute to students participating in 3km Walk
DISBROWE SCHOOL	Daily relaxation and stretching on mats (9-9:30am) and Cross-country skiing (2:15-2:45pm); Community Breakfast at school
LEAF RAPIDS EDUCATION CENTRE	Terry Fox Run, the entire school will participate. Some students will canvas for sponsorship, juice boxes and water provided.

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**Independent**

School	Description
LIGHTHOUSE CHRISTIAN SCHOOL	Winter Competition Convention-Annual event where students from various Christian schools join to compete in various events, with being the host school
WINNIPEG MONTESSORI SCHOOL INC.	Sports Day- fun sports for young children to rotate through in groups led by teachers.
PINE RIVER SCHOOL	Travel to neighboring school for a baseball game by special invitation.
MILLTOWN ACADEMY	Maintenance of a continuous Phys-Ed program throughout the school ter. That includes playing basketball, soccer, baseball, hockey, skipping plus their warm up exercises.
AIRPORT COLONY SCHOOL	Physical Activity Games to be played at each break of everyday.
EDRANS CHRISTIAN SCHOOL	volleyball, soccer, football, floor hockey
HODGSON CHRISTIAN ACADEMY	To purchase sports equipment to help the students keep active at recess, which they are, but use what is available.
MENNONITE CHRISTIAN ACADEMY	Equipment-Soccer ball, Basketball hoop, Dumbbells for excursions with DVD
NORTHERN SHIELD ACADEMY	After Lunch Phys. Ed- Every day high school students move to the gym area after lunch to participate in physical fitness activity.
THE KING'S SCHOOL	"Challenge The Hill" - a fun cross country race at Birds Hill Provincial Park for grade 6-12 for the day. Students choose their challenge 3.2km or 1.6 km.
ST. GERARD SCHOOL	Believe in the Goal Run: Cancer run for local charity, healthy snacks served, Walking Pedometer Challenge: Each class counts steps every day to reach a goal, Dance/Movement Day: After the Dance Unit is complete the entire school will dance together-prizes for the students that dance the entire time.
HOLY CROSS SCHOOL	Sports Day: for students and parents/community
ST. ALPHONSUS SCHOOL	Local Track and Field Meet-at a facility that is capable of hosting all students in a secure site and transport kids from the school.
ST. AIDAN'S CHRISTIAN SCHOOL	Offset cost of swimming lessons at Cindy Klassen pool; 8 lessons January-March, 2010
SPRINGS CHRISTIAN ACADEMY	Festival du Voyageur: skiing and tug of war, relays, leg wrestling. Intramurals: team sports including floor hockey and indoor soccer. Marathon Club: students practice twice a week to participate in the 5 km "Super Run" at the Manitoba Marathon. Open to staff and parents. Track and Field: training for scheduled track meets. Terry Fox Walkathon: students participated in a walkathon and raised funds for cancer research.
ST. JOHN'S RAVENSCOURT SCHOOL	Wellness Day with Olympic Theme-all activities connected to the Olympics and nutrition breaks will be provided.
MANITOBA SCHOOL FOR THE DEAF	Fun Run & Equipment-Prizes for students with top money in fundraising and to buy equipment for intramural programs.
CALVIN CHRISTIAN SCHOOL	Running Club-2-3 times/week from Nov-March for Grade 4-6 and participating in Fun Run for Northern African communities, will be used for prizes; Winter Olympics-K-6 in February a variety of activities, to purchase equipment and expenses; Festival du Voyageur-Grade 4 will be going to event.
LAKESIDE CHRISTIAN SCHOOL	Winter Olympics-Week of activities that highlight events from the up-coming 2010
ST. IGNATIUS SCHOOL	Terry Fox Activities-Began day with assembly and then walks held throughout day.
ST. PAUL'S HIGH SCHOOL	Sports Day-wide range of activities including touch football, ultimate baseball, etc. with teams and follow the schedule for the day, each will last 40 minutes with a health snack break in the morning. No team prizes will be awarded.
GLADYS COOK EDUCATION	Winter Games- 8 events/stations involving group activities related to winter with prizes and tied to the Winter Olympics.
BALMORAL HALL SCHOOL	"Seeking Active Opportunities Daily" to incorporate every day physical activity and offer intramurals, special events, Walking School Bus, Track & Field Club, Yoga Club, Wellness Day, etc.
MONTESSORI LEARNING CENTRES INC.	Yoga for Kids-lesson given by professional for 30 minutes/child including stretching exercises, relaxation exercises and creative movement. To pay instructor and purchase DVD "Yoga for Kids"
ST. MARY'S ACADEMY	Intramural Sports, Student Staff Wellness: Student led Athletic Council-student-teacher sports challenges. Faculty focused on wellness. Guest Speaker, Staff retreats on Nov. 20/09, Tai Chi day.
ALHIJRA ISLAMIC SCHOOL	Intramurals during lunch hour; Winter Olympics with winter games
ST. MAURICE SCHOOL	Terry Fox Run, Intramural Sports, Jump Rope for Heart
ODANAH SCHOOL	Terry Fox Run-includes community to participate in the event.
WESTGATE MENNONITE COLLEGIATE	Purchase Pedometers: Pedometers will be used to log, and compare student's physical activity on weekdays and weekends for girls and boys. The program will highlight each student's personal activity levels in hope's to increase their steps' and encourage a healthier lifestyle.
COMMUNITY BIBLE FELLOWSHIP CHRISTIAN	Intramural Sports twice weekly in addition to their regular Phys.Ed. Class, as well as games.

H. B. COMMUNITY SCHOOL	Pedometer Challenge-To purchase several pedometers to track and monitor their steps then will compare their data with parents, staff and other community members
HOLY GHOST SCHOOL	Terry Fox Walk: Friday Sept.25th, the entire school took part in the walk from the school return trip to St. John's Park.
ST. CHARLES INTERPAROCHIAL SCHOOL	Intramural Program-takes many approaches to keep interest like FUNtramurals and Super Sonic Soccer League
ST. EDWARD'S SCHOOL	Intramural Sports held at noon hour Sept-Nov Soccer, Nov-Jan Dodge ball, Jan-March Floor hockey, April-June Basketball
ST. EMILE SCHOOL	Purchase of ten foam-ended sticks to be used for broomball and other activities during intramurals.
STEINBACH CHRISTIAN HIGH SCHOOL	All junior high intramurals will be held in conjunction with a House Team system. We will do volleyball, dodge ball and floor hockey. All senior high intramurals will be on a sign up basis. They will also do volleyball, dodge ball, floor hockey.
WINNIPEG MENNONITE ELEMENTARY	Terry Fox Run-school wide assembly with donations of money and hair, then community run from 11-12 noon with parents running and supervising.

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**Garden Valley School Division**

School	Description
EMERADO CENTENNIAL	Intramural Sports Equipment-to purchase equipment to participate in intramural volleyball program; School Winter Olympics-a cross-grade activity with equipment needed for this event which will take place in January.
WINKLER ELEMENTARY	Dance/Movement A-Thon to fundraise for the Humane Society held at noon hour in a fast-paced activity. Local dance instructor will lead a variety of line dances. Prizes will be given and healthy juice and water will be provided.
BORDER VALLEY ELEMENTARY	Winter Olympics day to celebrate Vancouver 2010. To purchase supplies, prizes and snacks. Divide students into groups (countries) and have friendly competitions with various activities
J. R. WALKOF ELEMENTARY	Cost of transportation and entrance fee for swimming at Winkler Aquatic Centre.
EKFRID SCHOOL	Gym activities every morning for 10 minutes, optional for all students. Every 10 minutes counts as a "mile". Students will track their miles to "travel" around the world.
BLUMENFELD SCHOOL	Intramural Sports, ongoing every other day at lunch hour. Jump Rope for Heart: skipping club starts in January until May. Skip off May. Walking Pedometer Challenge-early January. Purpose is to increase the amount of walking.
GARDEN VALLEY COLLEGIATE	To purchase hand weights for "the 30 day shred" for Semester 1 through Career Development course to learn healthy lifestyle important to be successful in life and job. Also to purchase bike racks to encourage students to ride to school.
PARKLAND ELEMENTARY SCHOOL	Olympic Fun Day - torch coming through community on Jan 7th, we would like to do a fun day on the same week.
PLUM COULEE SCHOOL	Fitness Circuits with use of posters that demonstrates proper form and techniques.
SOUTHWOOD ELEMENTARY	Running Club to start in April with levels and incentives by km's

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**Hanover School Division**

School	Description
WOODLAWN SCHOOL	School Olympics-winter fun day where students will be put into groups and participate in 'Olympic-like' activities and are based on upcoming Olympics this year.
LANDMARK COLLEGIATE	Fun Run - a house athletic system that has many 'challenges' throughout the year, ie "Amazing Race" is physical tasks throughout town with prizes and refreshment, and team also competes at intramural sports all year.
NIVERVILLE ELEMENTARY	Winter Olympics Event-Partnering with the community (Niverville Healthy Active Living Com.) to organize activity to promote 2010 Winter Olympics. Provide healthy snacks/prizes and may have Guest speaker or needed resources.
ELMDALE SCHOOL	Festival Du Voyageur Day.
MITCHELL ELEMENTARY SCHOOL	Jump Rope for Heart - an activity to fundraise and get students active who prepare weeks before by skipping at recess.
LANDMARK ELEMENTARY SCHOOL	Annual Terry Fox Run on Sept 25th. Encourage students to run by handing out one entry slip for every lap completed and then draw at the end of the day for prizes.
BOTHWELL SCHOOL	To purchase equipment for activity stations that can be played during indoor recesses when weather/wind chills are up.
SOUTHWOOD SCHOOL	Running Club: Sept. / Oct. and three running events. Terry Fox Run and two cross country races. Year long intramural program for grades 4-6 includes flag football, soccer, floor hockey, and basketball. Walk-a-thon event-whole school participates in a morning of walking.
STEINBACH JUNIOR HIGH	Winter Carnival is a mass participating event emphasizing unique, fun activities like snow soccer, snow golf, tug of war, snowshoe races, crazy relays, snow sculptures, earth ball and so on.
COUNTRYVIEW SCHOOL	Will purchase a table tennis unit, paddles and balls for the winter months. Outdoor activity is encouraged however the winter weather can be severe.

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**Interlake School Division**

School	Description
BRANT-ARGYLE SCHOOL	Olympic Week Feb 16-19; Overnight ski trip (grade 7-8) Feb 24-25; Over camp (whole school) June 22; Teaching about trans fats.
LIGHTLY SCHOOL	Run and Read-run in gym 3 days/week and have designated reading time each day, students to track laps ran and pages read.*Teaches at 3 colony schools Lightly, New Haven & Prairie Blossom.
NEW HAVEN SCHOOL	Pedometer Challenge/Run and Read- using "schools in motion" pedometer set to track steps throughout winter. Parents will also be offered use to challenge children; Run and Read, run 3 times/week tracking laps and track pages/books read. *Teaches at 3 colony schools Lightly, New Haven & Prairie Blossom.
PRAIRIE BLOSSOM SCHOOL	Run and Read-Run outside 3 times/week and tracking laps around the school. Designated reading time each day and track pages/books read. *Teaches at 3 colony schools Lightly, New Haven & Prairie Blossom.
WOODLANDS SCHOOL	Winter Olympics for all students in a variety of outdoor activities; One or two tabloids/year with all students rotating through 20 different activity stations; 6 week block of intramurals for grade 6-8; participate in Terry Fox Run.
CONCORD SCHOOL	Brisk 15 minute walk to chart progress to travel East across Canada with prizes awarded at major Canadian cities.
OMEGA SCHOOL	Track distance covered on the path of the Olympic torch with maps and participate in own "Olympic Games" when Whistler has been reached
TEULON ELEMENTARY	Walking Pedometer Challenge - track classroom averages on Fitness trail 20 minute walk every morning
STONY MOUNTAIN ELEMENTARY	Run and Read program-group based activity outside or in gym; healthy snack of fresh fruit and/or granola bar; literacy based activity for the final 30 minutes of program
BALMORAL SCHOOL	To purchase motivational tokens from the program Fitness Finders. Year long initiative to be displayed in the gym thru daily activities by running laps to accumulate up to a kilometer at a time.
GROSSE ISLE SCHOOL	Winter Olympics Activity Day-cross-country skiing, skating, curling, snowshoeing, toboggan races etc.
R. W. BOBBY BEND SCHOOL	To purchase additional rocks (handholds) for 80' Bouldering wall in gym to better suit grade K-1.
WARREN ELEMENTARY	To implement "Caught Being Active" program at recess to give tickets to students physically active for a monthly draw.

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**Kelsey School Division**

School	Description
SCOTT BATEMAN MIDDLE SCHOOL	Snow Day - Travel to chalet for day of winter activities
ÉCOLE OPASQUIA SCHOOL	Daily Healthy Snack Break; Intramural at lunch; 120 minutes gym time per cycle; Terry Fox Run; Halloween Boogies (Dances); The Pas Trappers' Festival; French Immersion Walking Rally, Track & Field; Before school Running club to start in January/February
KELSEY ELEMENTARY	Mileage Club-non-competitive challenge where students jog or walk laps of playground, with a card punched for each lap, when card is full then receive a prize and entered into draw, takes place twice before school each week, and every morning recess for 15 minutes with a fall and spring session with staff volunteering time; To purchase prizes.

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**Lakeshore School Division**

School	Description
FISHER BRANCH COLLEGIATE	Workshop: Will hold a Zumba Dance workshop. Students will be divided into groups and sessions will be held throughout the day.
ASHERN EARLY YEARS SCHOOL	Pedometer Challenge-to use during recess and record number of steps after; each month will have a destination challenge, and if successful celebrate with those who participated (healthy snack, etc.)
FISHER BRANCH EARLY YEARS SCHOOL	Will be doing two activities: had a Terry Fox Walk (but will have again next Sept.), Track and Field day. We offer prizes and healthy snacks at these events.
ERIKSDALE SCHOOL	Incorporate a boot camp into physical education program to teach fitness basics and healthy lifestyle practices to use innovative teaching and fitness techniques into everyday life choices.
INWOOD SCHOOL	Additional intramural sports for colder months with new outdoor basketball court.

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**Lord Selkirk School Division**

School	Description
HAPPY THOUGHT SCHOOL	To organize school wide events/activities to promote the Winter Olympics
WILLIAM S. PATTERSON SCHOOL	Terry Fox Run: students in K-3 walk 2km, gr 4-6 can walk/run 4,7 or 10km. Daily physical education-daily gym, lunch hours have intramural activities. Marathon Club-runs April-June. T-shirts and medals given away to the participants who do 26 mile marathon. Fabulous Friday-planned for January: activities planned to shake off winter blues. Winter fun day-1/2 day of outdoor winter activities. Drumming and African Dance for February.
LORD SELKIRK REGIONAL SECONDARY	Weights for Women-once/week; Intramural Sports-lunch hour and trying "Joes vs. Pros" activity; Pedometer Challenge-steps/day
MAPLETON SCHOOL	Intramural Sports program all year, at noon hour; Motivational Guest speaker regarding self-esteem, self-confidence and physical activity
RUTH HOOKER SCHOOL	K-6 Pedometer/Lap Race - every second Friday in regular gym class, increasing minutes as months go by and after each term the leaders will be "Free Choice" in the gym for one period.
DAERWOOD SCHOOL	Jump Rope for Heart: Oct: Jumping tricks will be taught in class. Students will be in a demo team or jump club. The demo team helps other students develop their jumping skills. Students will be given jump rope for homework to keep them active at home as well. Will host a jump-a-thon as well.
CENTENNIAL SCHOOL	Flag Football Tournament-8 teams, 100 participants, staff quarterbacks, parent-student run healthy canteen.
ÉCOLE BONAVENTURE	Festival du Voyageur- full week of active events; Intramural Sports-Grade 4-6 one day/cycle; Sports Clubs-noon hour and after school practices; Terry Fox Run-3km run for entire school; Jump Rope for Heart & Hoops for Heart; Voyage to the North Pole and back-students record extra curricular activities each night; Bougez Boogie-6-8 times/yr whole school to dance, play, have relays, aerobics, games, etc.
EAST SELKIRK MIDDLE SCHOOL	Terry Fox Run - school and community raised \$10,000 prior to event. Students, staff, parents and community took part in 10 km walk, jog, run to support cancer research

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**Louis Riel School Division**

School	Description
ÉCOLE MARIE-ANNE-GABOURY	Intramural sports through regular Phys Ed program and leadership group to run through noon hour.
GENERAL VANIER SCHOOL	Intramural Sports-in April Jump Rope Jump Team performs for school; Festival du Voyager-students participate in a variety of winter type activities; Jump Rope for Heart-rotate through a variety of activity stations with leaders running the stations and assisting students in activities.
COLLÈGE JEANNE-SAUVÉ	Lunch hour activities - Established an intramural sports program for our student population and a dance instructor for girls interested in dance at lunch
ÉCOLE VAN BELLEGHEM	Intramural Sports Program- coordinated by leadership students
ÉCOLE HENRI-BERGERON	Fun Run - Every month an intramural activity 2-3 times a week and School wide fun run/fitness relays) in June.
MINNETONKA SCHOOL	Winter Olympic Festival - Outdoor events for entire school population to participate in
ÉCOLE GUYOT	marche santé et activité au courant de l'année - Marche le 16 et 25 septembre, dates futures tablir mais en moyenne, activités (danse, saut la corde, patin, etc.) 2 fois par mois.
ÉCOLE HOWDEN	Activité par niveau (ateliers)-Activit d'école, demie journée, par niveau, activités diverses et relies au groupe d'âge
J. H. BRUNS COLLEGIATE	Terry Fox run and cross country running team meeting 3 times/week to run
ARCHWOOD SCHOOL	Activity Break Equipment: Equipment will be used on recesses, lunch, and in the classroom by GradesK1-5 lead by grades 6-8.
ÉCOLE PROVENCHER	Introduce pedometers to the students for use in PE classes and to take home for staff and students. Keep daily records of steps.
ÉCOLE SAINT-GERMAIN	Run and Read- classrooms meet outside and run with teacher for 15 minutes by marked trail and then will come in to read with their partner class for 15 minutes, will be everyday for a week.
FRONTENAC SCHOOL	Walk the Olympic Torch Route-using pedometers and measured distance walks students will 'walk' across Canada and other countries if possible.
GEORGE MCDOWELL SCHOOL	Jump Rope for Heart-donations collected by students and schedule whole day for 'skipping stations'
MARION SCHOOL	Parent Participation Night: All students are welcome to bring parents into the gym for one night a month, equipment available for use. Entry Fee: bring runners and a smile. Fosters physical activity, community, family relationships.
NELSON MCINTYRE COLLEGIATE	Fun Run - students meet Mon, Wed & Fri mornings for entire year.
NORDALE SCHOOL	Implementing " Star Families" groups combined from all students in every class as a way to develop community. The kick off will consist of large group games and other activities promoting school spirit.
SAMUEL BURLAND SCHOOL	Intramural Sports - to purchase additional equipment for lunch hour
SHAMROCK SCHOOL	To purchase sets of speed skating cups for each class for indoor recess use, once skills are developed inter-class events, relays, etc.
VICTOR H.L. WYATT SCHOOL	Cooperative Recess Games Mentorship Program - teach grade 9 new game, to teach K-6 at the following recess.
VICTOR MAGER SCHOOL	In order to increase physical activity for students plans to purchase equipment for recess and prizes. Hula Hoops, skipping ropes, soccer balls, basketballs, and footballs.
ÉCOLE JULIE-RIEL	Festival du Voyageur- outdoor activity day and classes cross-country skiing or snowshoeing throughout the week

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**Mountain View School Division**

School	Description
WHITMORE SCHOOL	Freestyle Wrestling Team-for grade 5-6 boys and extra-curricular. High aboriginal population and to get fathers involved as well with certified coaches both nationally and provincially.
ETHELBERT SCHOOL	Winter Festival (Jan)-school wide activities with emphasis on team work and cooperation; Fun Run (April) to celebrate spring and start Running Club for morning and noon hour breaks.
MACKENZIE MIDDLE SCHOOL	Terry Fox Run held at the high school track and activities about his life throughout the week. To purchase prizes and water for students
OCHRE RIVER SCHOOL	Winter Olympic Day in February 2010 with 12 events and most are outside. To purchase snack and prizes for this full day event
WINNIPEGOSIS ELEMENTARY	Olympics Day to highlight events from the upcoming 2010 Winter Olympics and offer prizes.
GOOSE LAKE HIGH	Intramural Sports- 4 to 5 activities everyday that run 4-6 weeks and then another set begins with 4 team house system with participation the key point and would like to add rewards such as t-shirts.
WINNIPEGOSIS COLLEGIATE	Intramural Sports - noon hour everyday for students and staff
ÉCOLE MACNEILL	Phys-Ed Skate at the community recreation facilities. Will be taken by bus to the Rotary Arena with parents invited to tie skates and skate with their children and hot chocolate to be served at the school when completed.
SMITH-JACKSON SCHOOL	Incorporate aerobic step training in Grade 1-6 PE Program and noon hour for all students and staff. To purchase stackable steps for program.
HENDERSON ELEMENTARY	Equipment - for recess leaders to lead and plan a variety of games to promote cooperative play, improve social skills and help combat inactivity during recess.
GRANDVIEW SCHOOL	Equipment-purchase agility ladder and mini hurdles to use in Fitness Stations which will accommodate more than 10 students at a time to increase heart rates and different choice for cardio.
ROBLIN ELEMENTARY	Planning to open up an exercise room for the students. Equipment such as cardio machines will be purchased.

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**School District of Mystery Lake**

School	Description
DEERWOOD SCHOOL	Walk to school program-entered into draw for T-shirt when spotted walking to school; Winter Festival-guest speakers and participate in variety of aboriginal traditional games; Terry Fox Walk; Jump Rope for Heart
BURNTWOOD ELEMENTARY	Mini Summer fest- Whole school for a day does activities ie log haul, egg races, water balloon relay, etc.
R. D. PARKER COLLEGIATE	Would like to approach some health professionals to do some physical activity programming for before and after school a few times a week. Sessions will open to students and staff and will include yoga, Pilates, general fitness and boot camp instructors
RIVERSIDE SCHOOL	The students in K-8 take part in outdoor winter activities such as snowshoeing, slogging, log carry, sleigh rides, nail pound etc. and receive presentations from local aboriginal and non-aboriginal community members on things such as dog sleds, birch bark biting, trapping, fishing, beading etc. This activity week is done in conjunction with Festival du Voyageur.

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**Park West School Division**

School	Description
HAMIOTA ELEMENTARY SCHOOL	Organize a Terry Fox Fun Run at the school with physical activities and a healthy lunch planned.
HAMIOTA COLLEGIATE	Plan a bike trip at the school with various activities including biking, map reading and using a compass.
STRATHCLAIR COMMUNITY SCHOOL	Winter Camp for Grade 9-10 for two days, one night at Camp wannakumbac with outdoor activities and presentations.
BIRTLE COLLEGIATE	Fun Run Intramural Sport & Geo-caching scavenger hike/hunt
MINIOTA SCHOOL	Equipment-for students to organize physical activity day thru suggestions and ideas.
MAJOR PRATT SCHOOL	Intramurals-Last two years, slowly turned failing noon hour program to successful program and will use for supplies and prizes
ROSSBURN COLLEGIATE	Intramural Sports: Rossburn Collegiate students will be divided into intramural houses. These houses compete at lunch time in a variety of sports that include volleyball, basketball, soccer and others.
SHOAL LAKE SCHOOL	Fitness at noon-provide fitness/activity classes for K-8 and all adults. To offer honorariums to instructors/purchase dance music and extra equipment. Also new sport Capoeira-Brazilian Martial Art Arts
BINSCARTH ELEMENTARY	Intramural Sports with using older student leaders to organize activities and events throughout the year.
KENTON SCHOOL	Terry Fox Run/Walk - Had BBQ then walked/run through town. To cover cost of lunch
ROSSBURN ELEMENTARY	"Walk to Whistler" for the Winter Olympics by accumulating kilometers as they walk/run around a course on school grounds at recess and lunch breaks

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**Pembina Trails School Division**

School	Description
ROYAL SCHOOL	Tennis Club - a certified tennis professional will come once a week for 10 weeks and teach the participants the lifetime game of tennis
RIVER WEST PARK SCHOOL	Winter Outdoor Activities/Winter Olympics-bussing students to Fort Whyte centre for "winter fun days" and encourage students and teachers to get active outside and a facility that their families may wish to visit.
FORT RICHMOND COLLEGIATE	Cardio Chaos- Fundraising thru Leadership Class by organizing 30 physical activities done in two shifts. Draws and staff involvement included.
ÉCOLE CRANE	Winter Olympics-school wide activities planned for the week leading up to the Opening of the Games, culminating with an Activity day to be held on Feb 12th. To purchase materials for the activities, as well as prizes.
WESTGROVE SCHOOL	Olympic Games - including "Joes vs. Pros" in various Olympic events, also a gym riot where students compete in their family groups in adapted Olympic games. To purchase star tokens for all the students.
LAIDLAW SCHOOL	Fitness Activity Day - Design in PE class an outdoor fitness trail and then Fits Day to participate with parents in a Fund Fitness Event Day to utilize the ideas from all classes.
CHAPMAN SCHOOL	Olympics unit in gym class will commence in an afternoon of whole school fun and designed as an alternative to a generic sport unit with emphasis on a physical activity, spirit of competition and fair play.
WESTDALE JUNIOR HIGH	Outdoor education at Fort Whyte with activities; intramural/drop in gym each school noon hour; Track & Field 3x week; Fitness Run each PE class; Extreme sledding competition Gr 8-9; Staff walking pedometer challenge.
LINDEN MEADOWS SCHOOL	Terry Fox Run
VAN WALLEGHEM SCHOOL	Fitness Equipment to be purchased for fitness station activities for the students to develop the 4 components of fitness in provincial phys education/health education curriculum guide.
DALHOUSIE SCHOOL	Dalhousie Olympics 2010-will highlight Winter Olympics in Vancouver 2010 and will include student participation. Each grade level to represent a country and compete over lunch period.
PACIFIC JUNCTION SCHOOL	Intramural Sports- Jump Rope for Heart Feb 12; Various clubs-cross country club, track and field club and running club; Festival du Voyageur; Olympic activities to promote 2010 Winter Olympics. Walk to school week: Oct.5-9th prizes were awarded.
OAK PARK HIGH School	To purchase yoga/Pilates/dance videos and yoga mats to be used by many groups in school ie PE classes, dance classes, intramurals, sports teams and life skills program. The equipment will get a lot of use and reach many students and staff, especially female population.
R.H.G. BONNYCASTLE SCHOOL	Festival du Voyager Day - groups of 20 students to rotate through 10 stations and end with school assembly where various groups present dance, song, etc.
RYERSON ELEMENTARY	Intramurals-Relay Extravaganza- a variety of relays and high intensity low organized games run by grade 6 leadership students with the new equipment.
WHYTE RIDGE ELEMENTARY	Winter Olympic Week-each day highlights a different event in the gym, an "Olympic Wall of Fame" featuring newspaper clippings and articles on athletes and contest run throughout the week with an Olympic flavour.
BEAVERLODGE SCHOOL	Westdale community <i>in motion</i> -Past two years a walk between 3 schools and watch entertainment at each location.

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**Pine Creek School Division**

School	Description
MACGREGOR COLLEGIATE	Gym Blast-Full school participation in fun activities for every student to be on a team and compete.
AUSTIN ELEMENTARY	Education on the importance of being active. Students will use pedometers and will track weekly totals and will be awarded prizes.
WEST PLAINS SCHOOL	Winter Olympics-afternoon of outdoor events, set up stations for various events, Olympic medal type awards and encourages students to strive for personal best effort.
MULLER SCHOOL	Students spend 15 minutes/margining on Pilates and 100-400 metre run to race in the spring against parents and school officials
MACGREGOR ELEMENTARY	Jump Rope for Heart - use a variety of stations throughout facility to demonstrate and participate in using skipping ropes
WILLIAM MORTON COLLEGIATE	Gym blast: Two hour assembly with assortment of team building games and activities and is designed to raise school spirit and build team cooperation
CASCADE COLONY SCHOOL	Recreational activities: Flag Football, Soccer, Hiking, Canoe Trip to Spruce Woods Park, Healthy Food/Nutrition materials/information
FOREST HOME SCHOOL	Winter Olympics and Festival du Voyageur

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**Portage La Prairie School Division**

<b>School</b>	<b>Description</b>
SUNNYSIDE SCHOOL	Rent hockey rink for coaching and promoting Winter physical Activity. Volunteers from Portage Junior Hockey to assist as students use outside rink.
ÉCOLE CRESCENTVIEW SCHOOL	School Run Program- Twice/week until spring and then 3/week in spring to participate at noon in running program. Special days will be held with Jog in the Park or Jog with another school and go to other towns to join their jogging clubs
BRENNAN SCHOOL	Winter Olympics-to coincide with 2010 Winter Games and hope to invite a local athlete to speak to students on sportsmanship and participation in sports. To purchase medals to aware and my invite another school to compete with our students.
PORTAGE COLLEGIATE INSTITUTE	Intramural Sports - year long & Terry Fox Run-Oct 1st through PE class
NORQUAY COLONY SCHOOL	Staff and students will run/walk for 5 minutes after lunch everyday. This will gradually increase to 10 minutes. If all students can run/walk for 10 minutes by Christmas, an exercise bike will be purchased for the school as a reward.
NORTH MEMORIAL SCHOOL	Terry Fox Event Sep 25/09; Jump Rope for Hear May 1/10; Intramural Sports @ noon all year; Primary Sports Day June 15/10; Daily Phys. Ed Program; Winter Olympics Jan/10; Festival du Voyageur Feb/10; Gym Blast Mar/10.
OAKVILLE SCHOOL	Day of activities modeled after various winter sports and planned by community/school to coincide with the Vancouver 2010 Olympic Torch Relay
WESTROC SCHOOL	Winter Olympics- To be held outside with school divided into teams with team members receiving points based on participation in each event.
WOODLAND COLONY SCHOOL	"Caught Being Active" - incentive program to get students active at recess.
YELLOWQUILL SCHOOL	February: Intramurals for middle years to earn medals for their "country". Indoor/outdoor mini-Olympics event for entire school form K-8. Torch run within the school as it passes through the community.
NORTHERN BREEZE COLONY SCHOOL	Intramural Sports- PE class focus on curling with resources from Canadian Curling Association and will visit a curling rink in Oakbank
INGLESIDE SCHOOL	Fitness instructor will come two times to instruct the proper methods and poses for yoga.
BRANTWOOD COLONY SCHOOL	Community Baseball Field-to replace bases as last Thursday of June a Community Game is held.
FORT LA REINE SCHOOL	Recess Play Packs - Create packs of equipment for each class to use at each recess
GOOD HOPE COLONY SCHOOL	Walking Pedometer Challenge-students to log their steps towards certain geographic destinations around the colony. Log could include time taken over a period of 3-4 months.
SOMMERFELD COLONY SCHOOL	Nutrition presentation, before school and at lunch hour-open gym, various games-seasonal

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**Prairie Rose School Division**

<b>School</b>	<b>Description</b>
ST. PAUL'S COLLEGIATE	Winter Fun Day-theme of Winter Olympics or Festival du Voyageur, outdoor activities with grades 7-8 participating and bannock and hot chocolate served
MAXWELL COLONY SCHOOL	Equipment- to purchase for Phys Ed and planning a field day in June for the whole colony
ROLAND ELEMENTARY	Terry Fox Walk on September 24 to the edge of town- 40 minute walk with staff, parents, and police escort.
WALDHEIM ELEMENTARY	"Caught Being Active" program during recess and lunch breaks then name entered into draw for prizes. Will purchase prizes and equipment to support students efforts to be active.
BARRICKMAN COLONY SCHOOL	To purchase equipment/prizes to encourage physical activity over the winter months with no indoor gym and plan "Winter Olympics"
HURON COLONY SCHOOL	Olympic Fitness Events: students will participate in a month long series of winter fitness activities in which they attempt to reach individual " goals for gold"
LAKESIDE COLONY SCHOOL	Hosting a winter Olympics event at our school. Events are going to be held and another colony will be invited. Students will participate in various winter activities.
SKY VIEW SCHOOL	Olympics: " I Believe" and "Road to Vancouver" so the school theme. In mid-February part of each day will be devoted to outdoor events for family teams for a variety of activities. To prepare for the week students will be involved in training sessions to build cardio, muscle strength and endurance.
ÉCOLE SAINT-EUSTACHE	Winter Olympic day in February.
STARLITE COLONY SCHOOL	To purchase sports equipment for Phys Ed programs
CARMAN ELEMENTARY	Fun Run-to purchase set of pedometers for motivating students to track physical activity and will be used by classrooms during activity breaks (Balanced School Day), special events and cross-curricular connections.
BON HOMME COLONY SCHOOL	To complete Olympic theme with outdoor physical activities
ELM CREEK SCHOOL	Torch Run-Torch coming on Jan 7th/10 and want the whole school to follow the route and will include events in town ie speeches by dignitaries, art show, etc. To cover costs of hot chocolate and Canadian flags for the event.
GRAYSVILLE SCHOOL	"Devotion to Motion" day with a variety of activities. To purchase equipment and supplies for the day.
IBERVILLE COLONY SCHOOL	Mini Olympics-celebrating with opportunities created to participate in a variety of outdoor winter sports such as skiing
JAMES VALLEY COLONY SCHOOL	To purchase new balls, skipping ropes, mats and other sports equipment for Phys Ed program
MAPLE CREEK SCHOOL	Equipment-to purchase gym equipment for the school
ST. FRANCOIS XAVIER COMMUNITY SCHOOL	Winter Olympic day-to coincide with 2010 Olympics with countries and activities simulating those of the winter games.
ST. LAURENT SCHOOL	Terry Fox Run-Grade K-4 use school track and Grades 5-12 will run on main road with RCMP escort.
CARMAN COLLEGIATE	Terry Fox Run; Yoga; Running Club; Track & Field

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**Prairie Spirit School Division**

School	Description
WINDY BAY SCHOOL	Winter celebration-make snow sculptures
TREHERNE COLLEGIATE	To transport students to Spruce Woods Provincial Park to utilize the outdoor winter activities with healthy lunch/snack.
GLENBORO SCHOOL	Winter Olympics- K-12 activity in celebration of the upcoming games to have prizes and materials necessary to host an afternoon of events.
ÉCOLE SOMERSET SCHOOL	Intramural Sports- organized by sporting representatives through lunch hour with staff having a team participate
KAMSLEY SCHOOL	Equipment for the Winter Fun day
THOMAS GREENWAY MIDDLE YEARS SCHOOL	Will run a mini version of the Winter Olympics. Activities include snowshoeing, curling, hockey and skating. The event will run before the actual winter Olympics. The school will be representing specific countries as they compete for prizes.
WEST VALLEY ELEMENTARY	Caught Being Active-award prizes to be at recess, lunch or commuting to and from school, a score board will be used to promote awareness of the program and prizes will be purchased with funding received.
ST. CLAUDE SCHOOL COMPLEX	To purchase prizes for afternoon of volleyball
HOLLAND ELEMENTARY	Fun Run includes Read & Run, Intramural Sports, Hoe Down Dance
BALDUR SCHOOL	Equipment: Will purchase heart rate monitors to use in Phys.Ed classes. Use of heart rate monitors is recommended in the physical education curriculum, will be used to improve overall quality of our programming.
STE. MARIE SCHOOL	To compliment and add variety to the multi-grade Phys. Ed. Classes, exercise DVD's will be purchased to use periodically for warm ups at the start of class. Plan for students in K-grade 3 to use DVD led activities such as Yoga and Energy Blasts and Tae Bo and other fitness routines fro grades 4-8
MANITOU ELEMENTARY	Intramural Sports - Every other day at lunch recess and opposite day is to sign up to play ball hockey on outdoor rink.
TREHERNE ELEMENTARY	Intramural Sports, New Activity "Toppleball" 15-25 players can participate at one time. It combines teamwork with individual success. It ca be played indoors or out.
CARTWRIGHT SCHOOL	To purchase first time equipment for tennis to use at the community arena courts.
CRYSTAL CITY EARLY YEARS SCHOOL	Recess Activities-an afternoon for staff to spend circulating thought the activity stations which we define as being fun and active recess activities, all staff and students participate. To purchase new recess equipment to implement the activities.
NELLIE MCCLUNG COLLEGIATE	Intramural equipment- floor hockey pads and masks.
NEW ROSEDALE SCHOOL	Equipment - to purchase for outdoor winter activities, no indoor gym
SHADY LANE SCHOOL	Will purchase equipment for use in indoor "boot camp" to improve cardiovascular health and strength training. Activity Dice, Dome Cones, Speed Hurdles for PE classes. These are activities that can be done without a gym.
WESTMOUNT SCHOOL COMPLEX	School/Community Wide Cleanup-Spring participation with community and school including elderly homes, ditches, roads and school grounds. To purchase rakes, bags and refreshments.
WHISTLING WIND SCHOOL	To purchase baseball gloves for students to play in Phys Ed class
WILLOW CREEK COLONY SCHOOL	Winter Carnival-various outdoor activities followed by hot chocolate and including snow shoe events this year.
VALLEYVIEW SCHOOL	Activity day camp-Full day at Winkler Bible Camp doing various outdoor physical activities.

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**Red River Valley School Division**

School	Description
ÉCOLE HÉRITAGE IMMERSION	Twice weekly run club-to purchase water for participants
ÉCOLE SAINT- MALO SCHOOL	Intramural Sports-Group students for a House System for points to be earned for participation with prizes offered.
ROSENORT SCHOOL	Intramural sports program - purchase equipment for grades 5-12; Jump Rope for Heart; Cross Country Skiing-purchase smaller sized skies.
LOWE FARM SCHOOL	Tree planting, Flower planting, Landscaping-Currently constructing a natural playground with help from students.
MORRIS SCHOOL	Intramurals grade 3-12, Terry Fox Run K-12, Winter Activity/Olympics day in February
VERMILLION COLONY SCHOOL	To purchase additional boots and skis for cross-country ski program and annual backpacking outing with snacks

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**River East Transcona School Division**

School	Description
JOHN W. GUNN MIDDLE SCHOOL	Terry Fox Run-Sept 18/09; Run/Walk-a-thon May 14/10. Cross country running events. Bike ride at Bird's Hill Park this month.
JOHN G. STEWART SCHOOL	Thursday Intramural Fitness-High level soccer player and para to put staff and students thru a great workout that can be done at home.
MURDOCH MACKAY COLLEGIATE	AGM Activities including Mini Olympics, Self Esteem Seminars, Terry Fox Run, Caught Being Active, Caught Being Helpful
SALISBURY MORSE PLACE SCHOOL	Already had Terry Fox Run and using new pedometers starting Oct 22/09. Plan to run same mileage as the torch bearers of the Olympic torch run in a 5 month period.
CHIEF PEGUIS JUNIOR HIGH	Intramural Sports and Activities-Points given for participation as part of 'House System' from students requesting activities. To purchase some new equipment, resources and prizes.
DR. F.W.L. HAMILTON SCHOOL	Special Event: Winter Olympics: All students from K-6 are in "family" groups which will represent a country. There will be event stations, a canteen and events leading up to the day, an activity day.
KILDONAN-EAST COLLEGIATE	Terry Fox Run- Sept 25; Intramural Programming- Oct to Apr (09-10)
MUNROE JUNIOR HIGH	Two day Winter Mini Olympics
POLSON SCHOOL	School Olympics-coincide with Vancouver Olympics and to purchase sports equipment for future Phys Ed classes after 'Olympics'
VALLEY GARDENS MIDDLE SCHOOL	To use pedometers on mini indoor track for cold day and track steps for prizes; To enter Manitoba Marathon with colour coordinated t-shirts; Yoga sessions offered by Ed Assistant at lunch and to purchase equipment and incentives.
COLLÈGE PIERRE-ELLIOTT-TRUDEAU	Intramural Sports-female league will be organized to increase participation/Dance-Traditional ballroom dancing to be offered/Boot Camp-one/semester in morning taught by gym teacher.
ÉCOLE REGENT PARK	Le 12 Janvier 2010 nous aurons une mini-olympiade l'école Regent Park. Nous aurons l'arrive de la flamme olympique, une cérémonie d'ouverture ainsi que des activités sous format de mini-olympiade
SHERWOOD SCHOOL	Winter Olympics Day/Week highlighting and participating in sports from the winter Olympics during the week(s) and then a full day of winter Olympics run at the end.
HAROLD HATCHER SCHOOL	Will implement a daily intramural program from Oct. to May for grades 1-5 lead by a grade 5 leadership team. It will take place for the duration of the 15 min. recess breaks where each day of the week a different grade may participate. For October the students will be playing soccer.
BERTRUN E. GLAVIN ELEMENTARY	Indoor curling for grades 3-5; Recess walking/jogging; Recess aerobics; Gr 4-5 x-c skiing; Bowling K-5; Olympic activities (Feb & March)
PRINCE EDWARD SCHOOL	Grade 3-6 Juggling/Circus club to continue this year and involves family members so final event is a performance and invite guest juggler to add a new dimension to the club
ANGUS MCKAY SCHOOL	Each grade will focus on 1 Olympic athlete and learn about their sport. Factual information will be gathered on the athlete and the sport. A presentation will be given to the school during a school wide assembly.
ÉCOLE CENTRALE	journée olympique d'hiver-Nous planifions une journée complète d'activités physiques et culturelles avec le thème des Jeux Olympique d'hiver qui auront lieu Vancouver en 2010. Les lves de tous les niveaux auront la chance de participer des activités modifiés qui ressemblent au sports d'hiver. Nous planifions un relais du flambeau ainsi qu'une cérémonie d'ouverture.
EMERSON ELEMENTARY	Intramural activities for all grades at lunch hour, Pedometer walking club during recess and Terry Fox Run on Sept 21st
JOHN PRITCHARD SCHOOL	Terry Fox Run-school participation in 5km run in community. To provide water and fresh fruit for all students. Walking club tied into UNESCO goals for peace. Students collect eco markers to be placed on a world map to learn about countries that the EAL students are from.
ÉCOLE MARGARET-UNDERHILL	To participate in Divisional Cross Country run, practice 3 times/week.
ARTHUR DAY MIDDLE SCHOOL	Fun Walk-Terry Fox Walk for every student and who donated \$1 was given a juice; To hire pilates instructor for 4 sessions.
DONWOOD SCHOOL	Terry Fox Run held Sept. 18th, for Grade K-6 half in the morning and the other half of the school in the afternoon.
HAMPSTEAD SCHOOL	Family Curling & Chili evening includes parents
LORD WOLSELEY SCHOOL	Olympic Events Theme-focus on aboriginal games and activities and study aboriginal culture (food, art, drama, music, etc.)
RADISSON SCHOOL	Recess Activity Day-Three/year, fall, winter and spring grade 1-5 uses half day for Recess Activity games. Students rotate to 4 different stations for 1/2 hour at each area learning a game that can be played at recess time with the rules and principles of each game.
SUN VALLEY SCHOOL	Winter Olympic Games- a variety of adapted physical activities to represent the actual events to be held in January 2010.
TRANSCONA COLLEGIATE	To purchase Tchovkball Frames to introduce to students and increase participation in intramurals.
WESTVIEW SCHOOL	Winter Mini-Olympics Day

RIVER EAST COLLEGIATE	Fitness Club-staff and students are introduced to weights and cardio machines to develop their programs. PE teacher will facilitate planning, motivation and technique. Intramurals-staff/students compete in various sports at lunch.
BIRD'S HILL SCHOOL	Brain Gym Materials- Grade 5-6 leadership students teach brain gym activities by going into classrooms and review movements with the students with hope of classroom continuing. To purchase brain gym poster and bookmarks.

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**Rolling River School Division**

<b>School</b>	<b>Description</b>
ONANOLE ELEMENTARY	Once/month whole school activity planned by Sports Committee.
DOUGLAS ELEMENTARY	Intramural Sports-Super Snow Soccer Spectacular to celebrate with German Canadian population with extended noon hour tournament. Also, healthy snack and coincides with PBIS behavior program.
ERICKSON COLLEGIATE INSTITUTE	Intramural program-to purchase/replace equipment and prizes for winners and individual players.
OAK RIVER ELEMENTARY	Intramural Sports-assorted sports and "Boot Camp" with an obstacle course that students work towards improving their time over the course of the year
OAK RIVER COLONY SCHOOL	Jump Rope for Heart event involving students, parents and staff. Follow up event with prizes and healthy snacks
TANNER'S CROSSING SCHOOL	To demonstrate that fitness activities can occur in places other than a gym or a field. All classes will begin in their homeroom for 3 minutes and then rotate to next location.
FORREST ELEMENTARY	Equipment/dance resources-"ZUMBA" in PE classes and at recess especially cold days. To purchase a school set of ZUMBA resources and other dance resources
ELTON COLLEGIATE	Intramural Sports-offered every lunch hour as 95% students bussed to school so participation rate excellent.
RIVERS ELEMENTARY	Intramural sports; Terry Fox National School Walk/Run; Tabloid Day (Field Day); Division Track Meet; Pedometer Challenge; Daily PE/H
GLENDALE SCHOOL	Thinking & Working Gym- Daily aerobic exercise program with no gym. To purchase exercise equipment to use in winter/inclement weather days
RIVERS COLLEGIATE	Intramurals-Daily run by student council and staff volunteers for tournaments/events. Included yoga club, Fitness & Circuit training this year.

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**Seine River School Division**

School	Description
PARC LA SALLE SCHOOL	Winter Olympics: Students in groups of 15 will represent a country. The teams will participate in various Olympic theme events, indoors and out. Will keep track of participation not points. Each classroom will be assigned a color from the Olympic Ring, will be asked to bring a frozen bucket of colored water( to match their color) and will be used to build the Olympic rings in the school yard.
ÉCOLE ÎLE-DES-CHÊNES SCHOOL	STEAM (Stop to Exercise and Move)-whole school takes 1 minute activity breaks everyday and suggestions for new exercises are given.
STE. ANNE COLLEGIATE	Evening events-every Tuesday from Oct. - May, organized games in the gym from 7-9pm. Parents, staff and students invited. Supplies and materials will be purchased also special instructors invited.
LA BARRIERE CROSSINGS SCHOOL	Festival du Voyageur week
ARBORGATE SCHOOL	Afterschool Sports Program-every Monday gym is open for hour and a half for a variety of sports and activities for students and staff; Walking/ Running Club-during winter months in gym over lunch hour and to track distance until the end of the year.
ÉCOLE LORETTE IMMERSION	To purchase crushed gravel to lay out a walking path around the perimeter of the school playground for use of all students, staff and community members.
ÉCOLE SAINTE-ANNE IMMERSION	Everyday before lunch, break for one minute to do some sort of physical activity called EPUM (Exercise pour une minute)

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**Seven Oaks School Division**

<b>School</b>	<b>Description</b>
WEST ST. PAUL SCHOOL	Mini Olympics-outdoor and indoor physical events, social studies projects, art projects.
SEVEN OAKS MIDDLE SCHOOL	Half day of Hip Hop Dance or Half day of Boot Camp depending on approvals. Each grade level will have 40 minutes of physical activity and receive healthy food and bottled water
ELWICK COMMUNITY SCHOOL	Intramural Sports-team sports on 8 week time table every Wednesday 3:30-5:30pm and nutrition provided as in low-income area
GARDEN CITY COLLEGIATE	Intramural Program: Student run during noon hours everyday. Zumba Dance/Fitness /Yoga: New initiative to help students who prefer more individualized fitness.
COLLICUTT SCHOOL	Fun Run, Intramural Sports: Participated in the Terry Fox Run (Fall 2009) Use of STEPCOUNT PEDOMETERS, Intro curling and archery with assistance fro Sport Manitoba. (Winter 2009-2010) Annual Jump Rope for Heart and Stroke Fundraiser (Spring 2010)
GOVERNOR SEMPLE SCHOOL	Fun Run, Intramural Sports: Participated in the Terry Fox Run (Fall 2009)Use of STEPCOUNT PEDOMETERS, Annual Jump Rope for Heart and Stroke Fundraiser (Spring 2010)
ÉCOLE LEILA NORTH COMMUNITY SCHOOL	Fun Run/ Dance Marathon; Terry Fox walk for an hour in community, Grade 6 to celebrate beginning of school and get to know each other, Dance marathon to fundraise for War Child Canada. School wide volleyball tournament
ÉCOLE RIVERBEND COMMUNITY SCHOOL	Health Walk at various times of the year, primarily in Fall & Spring. Utilize gym space for intramurals with our Balanced School Day. Fitness Kids program. Grade 5 will learn dance routines, for 10 min each day and lead the whole school in fitness breaks to music over the PA.
R. F. MORRISON SCHOOL	Activities: Festival du Voyageur, Intramural Sports, Terry Fox Run, Phys. Ed. Breaks, Jump Rope for Heart, Track and Field.
Edmund Partridge Community School	Fitness Classes - To purchase equipment for additional period of Phys Ed added to each grade level
H. C. AVERY MIDDLE SCHOOL	Increased PE classes at all grade levels from 3 classes per cycle to 4. Increased staff for PE classes from 1.5 to 2.5 teachers.
CONSTABLE EDWARD FINNEY SCHOOL	Spirit Week, Teacher vs. Students activities, Intramural Tournament, Indoor Recess Activities
FOREST PARK SCHOOL	Dance-Halloween for students, parents and siblings with DJ playing dances that the students learn during regular Phys. Ed. Classes
MAPLES COLLEGIATE INSTITUTE	Terry Fox Run- Sept 24th, the students and staff will participate in 29th Annual completing at least 4 laps in our effort to raise money.
VICTORY SCHOOL	Grade 4 and 5 Tap Dance Club-meets once a cycle during lunch hour and extra practices before a concert, interest has doubled in the last year

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**Southwest Horizon School Division**

<b>School</b>	<b>Description</b>
WAWANESA SCHOOL	Winter Olympic day-Several events to get the whole school active and involved. Will be using venues around community to host all the events.
HARTNEY SCHOOL	Fun Run-To host Fun Run/BBQ on Oct 8th to celebrate back to school with as many parents to participate in physical activity.
SOURIS RIVER COLONY SCHOOL	Terry Fox Volleyball Tournament to raise money in new gym. Everyone in colony participated, door prizes and prizes for trivia contest on Terry Fox information. Afternoon games were played and students had to participate in 4 of 6 games.
WASKADA SCHOOL	Intramural Sports-Promote physical activity by having intramurals at noon hour with students divided into teams and will receive points for participating and at end of school year will receive a trophy and a pizza party.
NATURE VALLEY COLONY SCHOOL	Skipping rope activity with instructor and participation student to give a demonstration, then during session students with parents will join in with some type of skipping rope activity.

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**St. James Assiniboia School Division**

School	Description
STURGEON HEIGHTS COLLEGIATE	Intramural Sports - Yoga (Oct), Zumba (Dec) and Pilates for another month, to encourage more girls to participate
LINCOLN MIDDLE SCHOOL	Intramural Sports Program-consist of organized tournaments, drop-in days and themed mini-gym blasts. Various sports such as Ultimate Frisbee, Volleyball, Soccer, Skipping Club, Basketball, Badminton, Floor Hockey, Ping Pong, Dodgeball and Themed mini-gym blasts.
BUCHANAN SCHOOL	Terry Fox Run, Intramural Sports, Jump Rope for Heart an Marathon Club
NESS MIDDLE SCHOOL	Terry Fox Run-45 minute run held at end of Sept. with entire school and staff. Two weeks prior to fundraising students learn about Terry Fox, his life etc. through a video presentation and discussion.
PHOENIX SCHOOL	School wide 2010 Winter Olympics Event; Festival du Phoenix every winter; Intramural sports program and Terry Fox event held already.
SANSOME SCHOOL	Duty teachers will be given prize tickets to randomly award students who are having an active recess. Students then come down to the gym and select a prize from the prize box.
ST. JAMES COLLEGIATE	Winter Olympics-afternoon of activities outside and around the school that represents events, to purchase prizes for teams and individuals that would represent their colour group, will be run like gym blast, but outside.
HERITAGE SCHOOL	"Caught Being Active"-student leaders will 'spot' active students at recess and prizes will be awarded to generate enthusiasm and promote 'active' recess breaks. Initiative will be ongoing throughout the year.
LAKEWOOD SCHOOL	Intramural activities organized for all grades on a weekly basis. To purchase incentive prizes and be awarded to students for demonstrating fair play, respect for rules, etc.
LINWOOD SCHOOL	Class relay run focusing on team effort. The class will move 3 relay batons around the gym as many times as possible in 20 minutes and tracked throughout the year with a goal set.
GEORGE WATERS MIDDLE SCHOOL	Hip Hop Dance Lessons-1 or 2 instructors to run a week long dance class, then the event will run during lunch hour with all students welcome to come out and give it a try.
ÉCOLE BANNATYNE	Will have Cathy Spack return to run her wonderful yoga for kids program with the K-5 students. Enjoyed very much by the students they learn about cardiovascular endurance by participating in the program.
ÉCOLE ASSINIBOINE	Fun Run-Healthy snack with day of playing various Tag games with Rod's football club
GOLDEN GATE MIDDLE SCHOOL	School wide activity day - students went to various locations in the city of Winnipeg to see the YMCA sport and fitness activities, slo-pitch, mini-golf, golf, climbing wall, bowling and natural hikes.
ATHLONE SCHOOL	Two events-a presenter to come and make healthy snacks during an assembly and a Yoga instructor from outside source during class time
STEVENSON-BRITANNIA SCHOOL	Grade 1-3 participate in 100 & 200 Lap Club to earn stars and trophies in Phys Ed class; Grade 4-5 will complete pedometer challenge
CRESTVIEW SCHOOL	Fun Run - Participate in a 40 minute fun run pleade run to gain support for a variety of school initiatives such as outdoor classroom and resources for Green Team.
JAMESWOOD ALTERNATIVE SCHOOL	To purchase additional equipment for the Jameswood Alternative School Ftiness Centre offered as an option course in physical education to earn diploma.
BROOKLANDS SCHOOL	Turkey Trot-food donated to Winnipeg Harvest then celebrate students health by entire school going thru obstacle course, then individual games, Clap Tag and each class doing the "Limbo Rock" with their teacher holding a metre stick.
STRATHMILLAN SCHOOL	To purchase equipment to start an outdoor Ball Hockey Club for students during recess
VOYAGEUR SCHOOL	Festival du Voyageur Day-day of activities include snow shoeing, leg wrestling, etc. and is first time offering.

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**Sunrise School Division**

School	Description
GILLIS SCHOOL	Skating Days: 10 full skating days for all Gr. 1-8 at Garson Arena. Students will skate for 45 min/day.
OAKBANK ELEMENTARY	Winter Olympics Event: The Olympic torch will be passing through our town and will have the runner stop at our school. A series of outdoor winter activities will be planned based around the Olympics. Students (K-5) will have the opportunity to participate in various physical activities, foods and culture activities in the classroom.
SPRINGFIELD MIDDLE SCHOOL	Day of activities around winter, summer and upcoming demonstration sports of the Olympics
GRAFTON SCHOOL	Middle & Senior years Walking Club; Early years Running (Fun Run) Club; Hockey/Figure Skating (Early, Middle and Senior Years); Skiing (Cross country & Down hill) K-12
ANOLA SCHOOL	Yoga Club/Workshops-to be taught various yoga poses to focus attention on stretching and relaxation. To be held during various PE periods and some lunch hours to assist incorporating into daily lives.
BEAUSEJOUR EARLY YEARS SCHOOL	Annual Winter Activity Day-"Kick-off" assembly in the gym for all students, then put into teams and the afternoon participate in a variety of indoor/outdoor activities geared towards the winter Olympics by rotating through stations. To purchase equipment/materials for the stations.
CENTENNIAL SCHOOL	Purchase of snowshoes for the PE program and talent enrichment activity sessions. To promote outdoor physical activity in the winter and expose students to try a new activity.
HAZELRIDGE SCHOOL	Terry Fox-students raised money for cancer research and participated in the event by walking/running (Sept.24/2009) Fitness Fridays-all students will participate in a 10-15 min morning exercise on Friday mornings during the months of Jan-March 2010
HOFER SCHOOL	Integration of Yoga into the physical education program to promote health and well-being. Electronic video instructions will be used on smartboard to help students understand and participate in yoga training.
SPRINGFIELD COLLEGIATE	Intramurals/Walkathon-All year long intramurals and Walkathon a yearly event to fundraise for the 36th year.
WHITEMOUTH SCHOOL	After instruction in several gym classes, grades 3-6 will spend 1/2 day on wilderness trip in Kenora with hot dog lunch and fruit/vegetable trays. To assist with transportation and fruit/vegetable trays.

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**Swan Valley School Division**

School	Description
MINITONAS MIDDLE YEARS SCHOOL	Fun Run-Welcome back to school fun run/walk followed with a BBQ and physical activity games for the afternoon.
BENITO SCHOOL	Outdoor Intramural Sports-To purchase outdoor sports equipment for Grades K-4 and to organize tournaments and provide prizes (medals)
ÉCOLE SWAN RIVER SOUTH SCHOOL	Winter Fun-Different activities planned for the day and part of Festival du Voyageur activities.
BIRCH RIVER SCHOOL	Intramural/recess sports- to provide all students with the use of equipment of their choice to play at recess and organize intramurals during noon hour.
BOWSMAN SCHOOL	Caught In Motion-To reward students for being active during recess where there is not adult involvement. To promote physical activity with information boards and workshops.
MINITONAS EARLY YEARS SCHOOL	Noon hour intramural soccer, floor hockey, badminton and softball program, participate in Terry Fox Run, dance incorporated into PE program, skipping club to start, school wide activity breaks, Healthy Living Week, school Tabloid for June and 25th annual bicycle rodeo in June.
TAYLOR ELEMENTARY	Swimming-Cool Down for Summer-Grade K-5 will take part in an outdoor swimming program.

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**Turtle Mountain School Division**

School	Description
MAYFAIR COLONY SCHOOL	One or two week event to participate in various Olympic events and then to research different sports and create their own new sport and then host Mini-Olympic event with newly created sports for other students in the school.
CAN AM COLONY SCHOOL	Two week long mini Winter Olympics with team representing different countries and compete in events.
HOLMFIELD COLONY SCHOOL	Winter Olympics-a week that highlights events from the upcoming 2010 Winter Olympics. Will offer prizes and invite 3 other colony schools to participate in friendly competition on one day at Adam Lake. Will purchase materials for medals and Olympic banner making
WELLWOOD SCHOOL	Winter Olympics- a week to support 2010 Winter Olympics with organized outdoor, athletic activities. All students will be grouped to select a country and prizes with a medal ceremony at the end of the week.
BOISSEVAIN SCHOOL	AAA Spirit Day involving throwing, hopping, jumping to strategy and combative groups

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**Turtle River School Division**

School	Description
GLENELLA SCHOOL	Two day Olympics, one winter day and one day at the end of the year; implement Skipping club from last years' interest in Jump Rope for Heart; Intramural Sports outside and in the gym.
STE. ROSE SCHOOL	Hiking day in the park, purchase yoga and Pilates videos, "Get caught being physically active" week.
ÉCOLE LAURIER	Festival du Voyageur - numerous outdoor and indoor activities related to the voyageur theme

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**Western School Division**

School	Description
MAPLE LEAF ELEMENTARY SCHOOL	Terry Fox Run/Walk at 11:00 am for the entire student body with parents invited.
MINNEWASTA SCHOOL	Recess equipment-to purchase recess play equipment (shovels and bins to store) to help kids be active in winter making snow forts and tunnels, etc.

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**School District of Whiteshell**

School	Description
PINAWA SECONDARY SCHOOL	Winter Olympics - divided into 10 team and participate across several events, students earn points and ribbons/medals/trophy given, plus healthy lunch and afternoon snack.
F. W. GILBERT SCHOOL	Winter Games: activities such as broomball, snow shoeing, tobogganing, dog sled races (using people), cross country skiing

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**Winnipeg School Division**

School	Description
EARL GREY SCHOOL	Terry Fox Run. A type of being "caught" active theme. A digital camera will be used to highlight achievement and participation. The idea is that the pictures will both encourage increased participation and contribute to an increasingly positive school climate.
JOHN M. KING SCHOOL	Monday Fitness-Kick off week with mini-workout including partner interval training, skipping, step workouts, cardio, core, circle circuits, etc.
J. B. MITCHELL SCHOOL	Walk-a-thon 2009. Students participated in a walk-a-thon on Oct.16th. An incentive to support physical activity to promote the event was to have " fun fruit fiesta" students gathered in the gym to dance and each student received a banana as a snack.
BROCK-CORYDON SCHOOL	To purchase prizes and healthy snacks for our school running club.
CLIFTON SCHOOL	To celebrate Physical Activity through month of October through dance. School celebrates 60th anniversary and one of featured dances will be from the 1940s. Parents welcome to participate in assembly to demonstrate learning.
GLENELM SCHOOL	Outdoor Winter Olympic Fun Day-Students grouped and participate in activities outdoors that are similar to the Olympics.
GROSVENOR SCHOOL	Yoga For Kids
GORDON BELL HIGH	Fitness Club-staff and students are introduced to weights and cardio machines to develop their programs. PE teacher will facilitate planning, motivation and technique. Intramurals-staff/students compete in various sports at lunch.
WOLSELEY SCHOOL	Activity Week/Olympic theme-a week of gathering information and then have Olympic activities/challenges and will end with a mini/Olympic event in morning for older students and afternoon with the younger students.
MEADOWS WEST SCHOOL	Community Bingo- students will walk through community on various routes and teachers in particular spots to mark their Bingo cards. Walk/jog/run as many routes as they can earn "straight lines" on their Bingo cards.
LORD ROBERTS COMMUNITY SCHOOL	Equipment-recess fitness program called "Fitness Bucks" where students collect a buck for every lap (270 m) to collect for a shoe token and classes for an extra gym period. The "Mobile Spelunking System" to be rented.
MULVEY SCHOOL	Olympic Intramural activities that highlight events from the upcoming 2010 Winter Olympics. Prizes of t-shirts to remind students of maintaining a physical, healthy lifestyle.
ANDREW MYNARSKI V.C. SCHOOL	Get Acquainted Day-transport students to Birds Hill for a day of activity, nutrition and relationship building including flag football, beach volleyball, tennis, etc. and provide nutritious lunch break.
SISLER HIGH	Mini Olympics: 2 week event for grade 9 students and teachers. Activities in morning, lunch and after school as well as opening and closing ceremonies. Full track and field day. Point system implemented to emphasize participation which has been successful over the years.
KING EDWARD COMMUNITY SCHOOL	Winter Olympics Week - includes one play day outside, Grades 1-6 will participate in events, classroom resources to promote Olympics, sponsoring an athlete and gym activities ending the week with school snack
VICTORIA-ALBERT SCHOOL	Phys. Ed. Classes/twice each cycle per group to award prizes to students 'caught' performing at maximum effort during class with healthy snack, then recognized at month-end Healthy School assembly.
SARGENT PARK SCHOOL	Intramurals a different grade each lunch hour; School teams practice every morning and after school; Special events include Theme Olympics, Dance club, gym riot, grade 7-9 downhill ski trip.
WINNIPEG ADULT EDUCATION CENTRE	Physical Activity Breaks; walk/cycle; Caught being active; Coordinated with student committee who plan a number of 'random' events to fit our schedule. To provide refreshments and small prizes/rewards.
CARPATHIA SCHOOL	To continue to offer Intramural Sports with Ultimate Frisbee teams and Quiddich team, also the purchase of balls for outdoor activity in fall and winter.
FARADAY SCHOOL	Equipment-for 'mini-gym' for teachers' use to continue 'classroom in motion' activities. All resources can be used outside. To acquire age appropriate exercise equipment.
LAURA SECORD SCHOOL	School Community Building Day/Fun Field Day-planned for June 2010 with a variety of games and physical activity on a rotation basis. To purchase a variety of supplies for games, prizes and healthy snacks.
NIJI MAHKWA SCHOOL	Family Fun Day: A day for students, staff, parents to get outside and engage in physical activity. Stations and activities will include: potato sack races, 3-legged races, obstacle course, relays, tug of war, tire toss, soccer kick. A healthy lunch will be provided to all participants.
NORQUAY SCHOOL	Winter Olympics - school has been doing an Olympic torch run; Opening ceremonies with full day devoted to physical activity based on Olympic events.
RALPH BROWN SCHOOL	Winter Olympics-Activities set up on Feb 12 with a week long "I Love to Read" centering on the 2010 Winter Olympics; Outdoor and indoor "Olympic Style" stations will be set up and students will represent a country and compete for their teams.
ROBERT H. SMITH SCHOOL	Winter Olympics Theme offering prizes for participating in events and creative ideas. To purchase supplies and materials for Winter Olympics.
MACHRAY SCHOOL	Olympic style activities for the school to take place outside and celebrate the opening of the Olympics in February 2010.
RIVER HEIGHTS SCHOOL	Intramural program during the lunch hour. Including a touch Football and Volleybal intramural sessions where 140 students participated. During the winter students will participate in a Gym Riot (low organized games) and a summer "Water Day" activity with 480 students.
ROCKWOOD SCHOOL	Marathon Club-ran in spring for Grades 1-6 and provide healthy snack after morning run, also provide periodic prizes
CHURCHILL HIGH	Pan Am Boxing Workshop and Ski Trip to Frostfire Feb 18/10, Intramurals throughout the year.

ST. JOHN'S HIGH SCHOOL	Wellness Day for Students-PE Department to organize activities from physical activity to safety to nutrition to body image.
GLADSTONE SCHOOL	Winter Olympics 2010- organize day with mixed classroom groups to highlight events from the upcoming Winter Olympics with participation ribbons and healthy snack.
LORD NELSON SCHOOL	Olympic Activity Week- during February theme will be Olympics and students to learn about each event and the Canadian athletes, during Phys Ed classes students will simulate the Olympic activities through game and activities and at the end of the month, school-wide sports day to travel in their family groupings and take part in simulated "Olympic" games
DUFFERIN SCHOOL	Winter Carnival-To promote awareness about being physically active during the long winter months. To be held at Fort Whyte Centre with parents and community members invited.
SISTER MACNAMARA SCHOOL	Small space/indoor activities-To purchase materials/resources to support and promote physical activity in small places. To provide teachers with tools and activities for getting active during long stretches of 'indoor recess'.
CECIL RHODES SCHOOL	Yoga Club-Offer lunch club to teach importance of stretching and relaxation through yoga.
ÉCOLE LANSDOWNE IMMERSION	Activity day (Sept 18/09) was all day 12 station activity day each 20 minutes with staff and students participating/Olympics (Jan 2010) month long theme through Phys Ed class to have an all-day Olympic activity day with students and staff.
ÉCOLE SACRÉ-COEUR	Equipment-Active Recess Program beginning in November to introduce old and new recess games along with providing 3 communal equipment packages for student use.
GARDEN GROVE SCHOOL	Winter Olympics Day-all students starting with torch relay, then opening ceremonies with country representation, parade of athletes, choir presentations and athlete's oath, then engage in physical, Olympic-type activities indoors and outdoors.
KELVIN HIGH	Table Tennis Intramurals-two days/week to offer physical activity at lunchtime, Video/Circuit Session-two days/week offer session to encourage grade 11-12 with staff high energy workouts;
RIVER ELM SCHOOL	Walking Club, Terry Fox Run, Family Fitness Nights and Basketball Club
ROBERTSON SCHOOL	Intramural Sports Club - Extra events as multi-purpose room and larger gym now open for noon hour and after school. To purchase more physical equipment.
DAVID LIVINGSTONE SCHOOL	Equipment-to purchase baseball gloves for programs during instructional classes at intramurals and as an after school activity.
MONTCALM SCHOOL	Trips to Sargent Park Pool-swimming lessons, canoeing skills. Students will go to Fort Whyte Centre to use apply canoeing skills.
FORT ROUGE SCHOOL	To purchase medicine balls and will be used in PE program to enhance muscular endurance, strength training, balance and coordination
GREENWAY SCHOOL	To purchase and develop resources for circuit training classes
ISAAC BROCK SCHOOL	Olympics 2010, Isaac Brock staff and students will incorporate the Olympic theme during the month of February.
ISAAC NEWTON SCHOOL	Intramural Sports Equipment- New/additional yoga mats for use when club meets after school or at lunch; Terry Fox Run
KENT ROAD SCHOOL	To purchase additional equipment for recess.
LORD SELKIRK SCHOOL	Winter Olympic Fun Day-celebrate through outdoor activities and using toboggans. To purchase toboggans for the Fun day and throughout the winter to encourage outdoor fitness and fun.
MONTROSE SCHOOL	Walking Pedometer Challenge - progress on map of Manitoba or Canada
PINKHAM SCHOOL	Soccer Club-Afterschool for the month of November, club will meet for an hour, twice/week for at least 4 weeks, not only organized game but will learn soccer skills.
PRAIRIE ROSE ELEMENTARY SCHOOL	Fitness Day-Welcome Back to Fitness day Sept 30th, the event involves students and staff in multi activity fitness circuit with 10 stations.
PRINCIPAL SPARLING SCHOOL	Daily Intramural activities all year for all students allowing enhancing skills, learn/experience new activities, develop good sportsmanship and self esteem.
QUEENSTON SCHOOL	Whole school community dance
STANLEY KNOWLES SCHOOL	Equipment-Hosting a "Caught you getting active" event during morning recess to receive tickets to students participating in a physical activity on the playground. These tickets will be placed in a draw that will give students an opportunity to win prizes from the office. Also, to supplement the recess and noon hour recess equipment.
TYNDALL PARK COMMUNITY SCHOOL	To purchase equipment and prizes for the Tyndall Park School Winter Olympics Event
WELLINGTON SCHOOL	Winter Olympic Day - Station activities related to winter Olympics, students rotate throughout stations, during the day.
CHAMPLAIN SCHOOL	Intramural Sports-to purchase sports equipment
GENERAL WOLFE SCHOOL	Festival du Voyageur-Students will participate in school program.
HUGH JOHN MACDONALD SCHOOL	Field Trip to Fort Whyte Center- Will participate in a hike to view Bison, Tepee and lakes and a bow and arrow activity.
LUXTON SCHOOL	June camping at Camp Cedarwood and Winkler Bible Camp includes canoeing, horse back riding, zip line, archery, swimming, etc.
WESTON SCHOOL	Intramural Sports-lunch time; Terry Fox Run; Jump Rope for Heart; Running Club; Track & Field Day; Incorporating pedometers in to PE classes
WILLIAM WHYTE SCHOOL	Terry Fox Run- whole school will take part.

INKSTER SCHOOL	Yoga Equipment-To purchase Yoga mats and videos to use with students during Phys Ed classes.
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