

REST Logic Model

Inputs	Goals	Program Components and Activities	Short-Term Outcomes (while in REST)	Intermediate Outcomes (upon exiting REST)	Long Term Outcomes (6 months after REST)
<p>Sustainable Funding Provincial Government</p> <p>Facilities REST Units</p> <p>Staff Housing Manager Homeless Outreach Mentor REST Tenancy Officer/Case Coordinator Administrative Staff REST Peer Support</p> <p>Participants Youth (18-29 yrs) and dependents</p> <p>Partners Private rental companies In-Kind Donors</p> <p>Equipment Office equipment RaY van (transportation) RaY cube van (transportation and moving services)</p>	<p>Individual needs are met as required by each participant</p>	<p>1. Outreach and Education Fixed: RaY Drop-In/Mobile: Street Outreach Community Outreach and Education</p>	<p># of referrals to REST # of applications to REST # of new and total participants</p>	<p>Participants long-term housing needs are met</p> <ul style="list-style-type: none"> ▪ # of participants with Supportive Living Contracts after graduation from the program ▪ # and percentage of participants who move to long term housing, housing type and length of their stay in REST ▪ # of youth transferred to another program ▪ # of youth who left the program ▪ # of youth housed with REST for 0-2 years ▪ # of youth housed with REST 2+ years <p>Participants feel ready to live independently</p> <ul style="list-style-type: none"> ▪ # and percentage of participants self-reporting satisfaction with life skills, connection/awareness of resources, stability, well-being <p>Participants have the skills to be self-sufficient for life</p> <ul style="list-style-type: none"> ▪ # of youth completing educational programs ▪ # of youth finding full-time employment ▪ # of youth finding part-time employment ▪ # of youth finding casual employment 	<p>Participants Maintain Stable and Secure Housing</p> <ul style="list-style-type: none"> ▪ # and percentage of participants sustaining permanent housing 6 months after program graduation ▪ # and percentage of participants transitioned from SLC <p>Participants Maintain Overall Stability and Well-being</p> <ul style="list-style-type: none"> ▪ # and percentage of participants self-reporting satisfaction with lifestyle or seeking appropriate support
		<p>2. Positive Youth Development Through Case Management Supports Intake assessment of life skills, mental health, substance abuse, family relationships, barriers and more Youth's active participation in case planning. Follow-up meetings and planning for program exit.</p>	<p>Participants develop a Life Map (goal setting) for the program # and percent of participants who have developed a Life Map within 30 days of entry into the program # of case management meetings with participants # of exit plans created with participants # of crisis interventions with participants # of exit interviews</p>		
	<p>Participants are connected to and engage with appropriate services</p>	<p>3. Systems Advocacy EIA, CFS, private landlords, MB Housing, medical institution, educational institution and more</p>	<p># of instances of advocacy and type of advocacy</p>		
		<p>4. Integrated Support Services Access and referrals to all services at RaY (basic needs, addictions support, mental health, employment and education)/Access and referrals to services outside of RaY (Winnipeg Harvest)</p>	<p>As a result of their Life Map, youth participate in supportive services #, percentage and type of referrals to RaY services #, percentage and type of referrals to services outside of RaY # of youth connected to new services # total number of services provided by REST staff</p>		
	<p>Participants are supported to maintain REST suites and to find and move into permanent housing</p>	<p>5. Housing Support Services Home visits/Move-In help/Furniture bank/ Home Care maintenance/transportation/Bed bug assistance/ housing applications/</p>	<p># of home visits # of transportations to appointments # and type of housing issues resolved by RAY or MHRC # of youth whose 'eviction' was prevented # and type of housing applications completed # and percentage of days units were vacant and reasons # of participants re-housed within REST program</p>		
	<p>Participants acquire skills and resources to live independently</p>	<p>6. Strengthen Family and Community Supports Assessment of familial support network. One-on-one supports and group mediation for family reconnection, if requested by participant.</p>	<p># and percentage of participants reconnecting with a healthy support network # and percentage of participants developing healthy support networks</p>		
		<p>7. Life Skills One-on-one life skills support (i.e. budgeting/cleaning/cooking/tenancy rights and responsibilities) and Life Skills Workshops (group)</p>	<p># and type of one-on-one life skills workshops attended # and type of group workshops attended</p>		
		<p>8. Education Exploring and supporting educational opportunities. GED preparation/Skilled Trades/Education Research</p>	<p># of youth researching educational opportunities # of youth applying to educational opportunities # of youth enrolling in educational opportunities</p>		
		<p>9. Employment and Income Application to EIA/Exit from EIA Resume writing/Employment experience/Job shadowing/Interview preparation/Job referral/placement</p>	<p># of resumes completed # of job searches completed # of job placements # of EIA completed referrals # of EIA exits</p>		