



ESTHETICIAN
Nail & Skin Care
Vocabulary Cards

WORD LIST

Nail Technician

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2. antiseptic
3. artificial nails
4. autoclave
5. buffing
6. disinfecting
7. effleurage
8. formaldehyde
9. fungus
10. furrows
11. hacking
12. hazardous
13. implement
14. lunula
15. MSDS
16. nail enamel
17. paraffin wax
18. paronychia
19. pumas stone
20. sharps container

Skin Care Technician

1. alkaline
2. astringent
3. blemish
4. brushing machine
5. couperose
6. dehydrated
7. depilatory
8. dermatologist
9. emollient
10. emulsion
11. extractions
12. follicles
13. galvanic current
14. high frequency machine
15. lucas spray
16. pH Level
17. sagging
18. sebum
19. tweezing
20. ultraviolet facial light
21. woods lamp
22. wrinkling

1



acetone

Nail

acetone

(noun)

Translation: _____

Pronunciation:

○ ○ ○

/æˈsɛtəʊn/

Definition:

a colorless, volatile, extremely flammable liquid ketone that is widely used as a solvent (formula CH_3COCH_3)

Context:

Acetone is frequently used in nail polish removers.

Related Words &

Expressions:

acetone polish remover, non-acetone polish remover

2



antiseptic

Nail

antiseptic

(noun)

Translation: _____

Pronunciation:

o o O o

/æntəseptɪk/

Definition:

a substance that inhibits infection and kills bacteria

Context:

Antiseptic is used on reusable nail files, foot paddles, and manicure bowls to prevent the spread of germs or infection.

Related Words &

Expressions:

alcohol, antiseptic spray, disinfection spray

3



artificial nails

Nail

artificial nails

(noun)

Translation: _____

Pronunciation:

○ ○ ○ ○ ○

/ɑːtəfɪʃl/ /neɪlz/

Definition:

man-made enhancements of the natural nail

Context:

Technicians use a gel or powder and liquid combination to create nail extensions that give strength and length to the natural nail.

Related Words &

Expressions:

UV light cured gels or acrylics, no-light gels or acrylics

4



autoclave

Nail

autoclave

(noun)

Translation: _____

Pronunciation:

o o o

/ɑ:təklæv/

Definition:

a steam-heated vessel that sterilizes objects with high pressure and heat

Context:

Technicians use an autoclave to sterilize implements and tools. The technician then puts those tools in a container to be used on another customer without fear of spreading infections or diseases.

Related Words &

Expressions:

pressure machine, steam machine, sterilizer, hospital grade cleaner

5



buffing

Nail

buffing

(verb - gerund)

Translation: _____

Pronunciation:

o o

/bʌfɪŋ/

Definition:

to polish or shine with a soft surface file

Context:

Technicians buff the nails to smooth out ridges or bumps.

Related Words &

Expressions:

block buffer, 3-way buffer, 3 or 4 sided buffer, chamois buffer

6



disinfecting

Nail

disinfecting

(verb - gerund)

Translation: _____

Pronunciation:

o o O o
/dɪsɪnfektɪŋ/

Definition:

to use a substance that destroys germs or bacteria

Context:

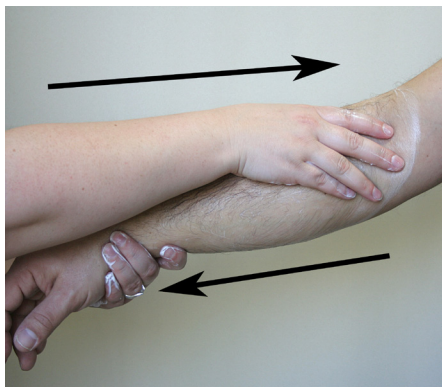
Technicians must disinfect their work stations, tables, and chairs.

Related Words &

Expressions:

clean, destroy disease, spray down
pedicure stations

7



effleurage

Nail

effleurage

(noun)

Translation: _____

Pronunciation:

○ ○ ○

/ɛ,flu:riʒ/

Definition:

light, relaxing, continuous stroking movements applied with fingers or palms in a slow, rhythmic manner

Context:

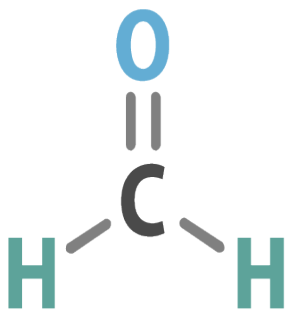
Effleurage is frequently used to soothe muscles and relax the sensory nerve endings at the surface of the skin.

Related Words &

Expressions:

manipulation, long strokes, up and down the arms and legs

8



formaldehyde

Nail

formaldehyde

(noun)

Translation: _____

Pronunciation:

o o o o

/foə-mældəhaɪd/

Definition:

a colourless, poisonous compound used to form other more complex chemical compounds or materials; a suspected human cancer-causing agent

Context:

Nail polish contains formaldehyde, which gives it a very strong smell. However, formaldehyde-free nail polish is now available.

Related Words &

Expressions:

formalin, methanol, chemical

9



fungus

Nail

fungus

(noun)

Translation: _____

Pronunciation:

o o

/fʌŋgəs/

Definition:

an infection of the nail usually caused when moisture seeps between an artificial nail and the free edge

Context:

Moisture under the artificial nail can create bacteria that grow into fungus, which can smell and appear to be yellow-green or black in colour.

Related Words &

Expressions:

mold, bacteria, thick nails, nail detaches and falls off

10



furrows

Nail

furrows

(noun)

Translation: _____

Pronunciation:

o o

/fəˈrɒʊz/

Definition:

long ridges that run across the nail

Context:

Furrows appear as lines on the nail that can run up and down or side to side. Technicians may use a block buffer to smooth out the furrows.

Related Words &

Expressions:

corrugations, ridges, lines or bumps on the nail, grooves

11



hacking

Nail

hacking

(verb - gerund)

Translation: _____

Pronunciation:

o o

/'hækɪŋ/

Definition:

a massage movement that resembles a chopping motion using the edge of both hands

Context:

Technicians can perform this massage technique on arms, back and shoulders to stimulate muscles and blood flow.

Related Words &

Expressions: karate chopping, massage movement

12



hazardous

Nail

hazardous

(adjective)

Translation: _____

Pronunciation:

0 0 0

/hæzədəs/

Definition:

not safe; may cause harm; dangerous

Context:

Spilling chemicals, swallowing chemicals, getting chemicals in your eye are all hazardous events.

Related Words &

Expressions:

risky, harmful, hurt, unsafe

13



implement

Nail

implement

(noun)

Translation: _____

Pronunciation:

○ ○ ○

/ɪmˈplɪmənt/

Definition:

A tool or instrument used in doing work

Context:

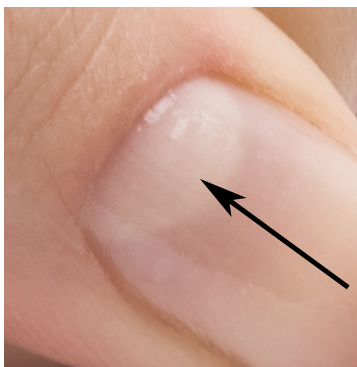
Technicians use their implements when performing services like manicure and pedicures.

Related Words &

Expressions:

tools, equipment, instruments, pushers, nippers, hindo stones, nail clippers

14



lunula

Nail

lunula

(noun)

Translation: _____

Pronunciation:

○ ○ ○

/lʌnʊlə/

Definition:

the crescent-shaped whitish area of the bed of a fingernail or toenail

Context:

The lunula is the visible part of the nail matrix (i.e. the root of the nail), close to the cuticle.

Related Words &

Expressions:

half moon, half circle close to the skin, matrix

15



MSDS

Nail

MSDS

(abbreviation)

Translation: _____

Pronunciation:

o o o O
/em/ /es/ /dI/ /es/

Definition:

Material Safety Data Sheet

a form that contains product manufacturers' information regarding the properties of a particular substance (required by government regulation)

Context:

The MSDS is used to help workers and emergency personnel understand potential danger when using a particular product or chemical and how to handle it in a safe way.

Related Words &

Expressions:

ingredients, hazards, product information, safety sheets

16



nail enamel

Nail

nail enamel

(noun)

Translation: _____

Pronunciation:

○ ○ ○ ○

/neɪl/ /ɪnæməl/

Definition:

a clear or coloured polish that is applied to finger and toenails

Context:

Nail enamel is a cosmetic lacquer that dries quickly. Once applied to the nails, it colours them or makes them appear shiny.

Related Words &

Expressions:

nail polish, nail varnish

17



paraffin wax

Nail

paraffin wax

(noun)

Translation: _____

Pronunciation:

○ ○ ○ ○

/perəfən/ /wæks/

Definition:

a petroleum by-product that has excellent heat-sealing properties; hot melted wax

Context:

Paraffin wax is used during a spa manicure or spa pedicure. Paraffin wax is put into a paraffin wax pot to help seal in moisture.

Related Words &

Expressions:

paraffin wax pot, hot wax, blocks of wax

18



paronychia

Nail

paronychia

(noun)

Translation: _____

Pronunciation:

o o O o o

/perəˈnɪkiə/

Definition:

infection of the tissue around the nail, caused by bacteria, fungi or yeast

Context:

With this nail disease, pus is often present and the skin appears red, swollen and tender. Paronychia may cause permanent damage and reoccur if not treated.

Related Words &

Expressions:

infection, swollen, puffy, pus, fungus

19



pumice stone

Nail

pumice stone

(noun)

Translation: _____

Pronunciation:

○ ○ ○

/pu:mɪs/ /stoʊn/

Definition:

a stone that is used to buff and smooth over dry flaky skin

Context:

A pumice stone is used to remove dry and excess skin from the bottom of the foot.

Related Words &

Expressions: foot file, stone

20



sharps container

Nail

sharps container

(noun)

Translation: _____

Pronunciation:

○ ○○○

/ʃɑːps/ /kəntɪnə/

Definition:

a medical container that is used to dispose of needles, blades, and lancets

Context:

After using a pedicure blade with your credo knife, dispose of this blade by placing it in a sharps container.

Related Words &

Expressions:

red or yellow plastic container, medical box, blades, lancets

1



alkaline

Skin Care

alkaline

(adjective)

Translation: _____

Pronunciation:

○ ○ ○

/ælkəlaɪn/

Definition:

a term used to describe a base solution that has more hydroxide ions; pH value greater than 7.0

Context:

A technician would use red litmus paper to test alkalinity. If the paper turns blue the substance is alkaline.

Related Words &

Expressions:

alkalinity, base product, acid level, pH scale

2



astringent

Skin Care

astrigent

(noun)

Translation: _____

Pronunciation:

o O o

/əstrɪndʒənt/

Definition:

a liquid or lotion that helps to further cleanse the skin while properly balancing the pH level

Context:

Technicians spray an astrigent on the client's skin after cleansing and removing water.

Related Words &

Expressions:

toner, skin refiners

3



blemish

Skin Care

blemish

(noun)

Translation: _____

Pronunciation:

o o

/blɛmɪʃ/

Definition:

an unwanted mark on the surface of the skin; a plugged sebaceous gland with an opening that is not widely dilated

Context:

Skin care technicians provide the service of extracting blemishes such as pimples and whiteheads.

Related Words &

Expressions:

pimples, blackheads, whiteheads, plugged pores

4



brushing machine

Skin Care

brushing machine

(noun)

Translation: _____

Pronunciation:

○ ○ ○ ○

/brʌʃɪŋ/ /məʃiːn/

Definition:

a facial machine with a brush attachment that is used for cleansing the face and exfoliating dry skin

Context:

Brushes rotate at different speeds to penetrate the cleanser and exfoliating product, and to slough off dead cells and grime that cling to the surface of the skin.

Related Words &

Expressions: rotating brush

5



couperose

Skin Care

couperose

(noun)

Translation: _____

Pronunciation:

○ ○ ○

/ku:pəʊz/

Definition:

fine dilated capillaries most often found on the cheeks and corners of the nose that is caused by damage or trauma to the skin due to sensitivity to extreme temperature or harsh chemicals

Context:

While analyzing a client's face prior to a facial, the technician may notice skin that looks red or purple/blue in colour with dilated capillaries. This skin condition is called couperose.

Related Words &

Expressions:

little veins, broken capillaries

6



dehydrated

Skin Care

dehydrated

(adjective)

Translation: _____

Pronunciation:

o O o o

/di:haɪdreɪtɪd/

Definition:

a lack of moisture (water) in the skin; superficial dryness, flakiness and lines caused by improper product use and environmental influences

Context:

A client's skin is dehydrated if it appears grey in color, flaky, dry, shrivelled and showing deep lines.

Related Words &

Expressions:

dry, dull, sagging

7



depilatory

Skin Care

depilatory

(adjective)

Translation: _____

Pronunciation:

o O o o o
/dɪpɪlətəri/

Definition:

describes a temporary hair removal process that involves applying a product directly to the skin and removing product along with the hair

Context:

Waxing, sugaring and threading are examples of depilatory hair removal.

Related Words &

Expressions:

waxing, sugaring, threading, chemical depilatories

8



dermatologist

Skin Care

dermatologist

(noun)

Translation: _____

Pronunciation:

o o O o o

/də-mə-tɑ:lədʒɪst/

Definition:

a physician who specializes in diagnosing and treating diseases of the skin, hair and nails

Context:

When someone has a problem with their skin, nails or hair they go see a dermatologist.

Related Words &

Expressions:

skin doctor, dermatology,
skin physiology

9



emollient

Skin Care

emollient

(noun)

Translation: _____

Pronunciation:

o o o o

/ɪmɑ:lɪjənt/

Definition:

oils and oil-soluble substances used to condition and soften the skin by providing a protective coating called an occlusive barrier

Context:

Emollient helps the skin maintain its natural hydration by sealing in moisture.

Related Words &

Expressions:

oils, waxes, mineral oil, petrolatum

10



emulsion

Skin Care

emulsion

(noun)

Translation: _____

Pronunciation:

0 0 0

/ɪmʌlʃən/

Definition:

a mixture of two or more non-mixable substances, such as oil and water, united by small droplets of a binder or gum-like substance

Context:

Sunscreen is an example of an emulsion. Cream moisturizers and lotions are also water and oil emulsions.

Related Words &

Expressions: mixture

11



extractions

Skin Care

extractions

(noun)

Translation: _____

Pronunciation:

o O o

/ɪkstrækʃənz/

Definition:

the act or process of removing something

Context:

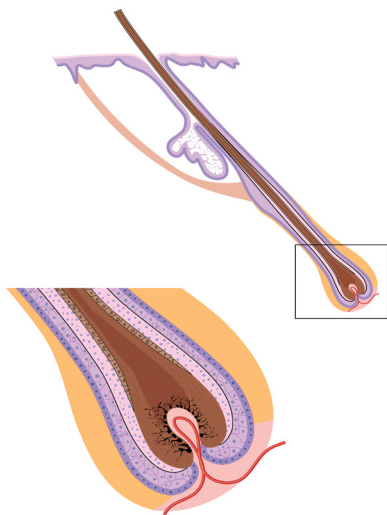
After steaming a client's face, the technician would perform extractions to remove sebum, puss, blackheads, and whiteheads to rid the face of any excess.

Related Words &

Expressions:

popping pimples,
squeezing blackheads

12



follicles

Skin Care

follicles

(noun)

Translation: _____

Pronunciation:

o o o

/fɑ:lɪkəlz/

Definition:

openings in the skin that hair stems from

Context:

Technicians remove hair from the follicle with depilatory methods such as waxing or sugaring.

Related Words &
Expressions:

13



galvanic current

Skin Care

galvanic current

(noun)

Translation: _____

Pronunciation:

○ ○ ○ ○ ○
/gælvænɪk/ /kə-rənt/

Definition:

the only constant direct current (DC) of low voltage and high amperage that produces an electrochemical effect

Context:

When performing facials, technicians use machines that produce galvanic current to help products or solutions penetrate deeper into the layers of the skin.

Related Words &

Expressions:

ionization, epidermis layer

14



high frequency machine

Skin Care

high frequency machine

(noun)

Translation: _____

Pronunciation:

○ ○○○ ○○

/haɪ/ /fri:kwənsi/ /məʃi:n/

Definition:

a device that generates a current that is transmitted to the skin through a glass electrode filled with gas which helps to kill harmful bacteria, stimulate circulation, and also helps the skin to absorb skin care products

Context:

The machine's ozone gas, generated close to the skin's surface, has a germicidal, healing and drying effect.

Related Words &

Expressions:

Tesla current, gas electricity machine

15



lucas spray

Skin Care

lucas spray

(noun)

Translation: _____

Pronunciation:

○ ○ ○
/lu:kʌs/ /spreɪ/

Definition:

an atomizer that allows for the application of various herbs, extracts or astringents to be applied to the skin in a very fine mist

Context:

Lucas spray is used to refresh, soothe and tone the skin.

Related Words &

Expressions: electric pulverizer spray

16



pH level

Skin Care

pH level

(noun)

Translation: _____

Pronunciation:

o O o o
/pi:etʃ/ /ləvəl/

Definition:

the unit of measurement that indicates whether a substance is acidic, neutral or alkaline

Context:

The PH level of the skin and of products is measured with a PH scale, ranging from acid to neutral to alkaline.

Related Words &

Expressions:

Potential Hydrogen (pH), alkaline, acidic, acid-balanced

17



sagging

Skin Care

sagging

(adjective, gerund)

Translation: _____

Pronunciation:

o o

/sæɡɪŋ/

Definition:

to sink or bend downward by weight or pressure

Context:

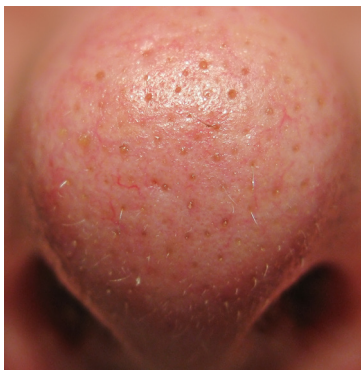
Mature clients may have sagging skin that has lost elasticity and will require toning products.

Related Words &

Expressions:

drooping, wrinkling, loose, stretchy skin

18



sebum

Skin Care

sebum

(noun)

Translation: _____

Pronunciation:

o o

/sɪ bʌm /

Definition:

a complex mixture of fatty substances that keep the skin soft, supple and pliable.

Context:

While performing extractions, technicians remove sebum from the sebaceous oil glands.

Related Words &

Expressions:

acid mantle, oil, sebaceous gland

19



tweezing

Skin Care

tweezing

(verb - gerund)

Translation: _____

Pronunciation:

O o

/twi:ziŋ/

Definition:

removing unwanted hair from smaller areas with a pair of tweezers

Context:

Technicians will tweeze fine hairs in small areas such as eyebrows to complete a waxing service.

Related Words &

Expressions:

tweezers, tweezing, plucking

20



ultraviolet facial light

Skin Care

ultraviolet facial light

(noun)

Translation: _____

Pronunciation:

o o O o O o o

/ʌltrəvʌjələt/ /feɪʃəl/ /laɪt/

Definition:

a light that produces positive or negative effects on the skin, depending on the exposure time

Context:

An ultraviolet facial light will show the imperfections, skin discolorations, and dehydrated areas needing improvement. It aids in penetrating the product deeper into the layers of the skin.

Related Words &
Expressions:

21



woods lamp

Skin Care

woods lamp

(noun)

Translation: _____

Pronunciation:

o **o**

/wʊdz/ /ləmp/

Definition:

a diagnostic tool used in dermatology by which ultraviolet light is shone onto the skin of a client

Context:

Technicians may use a woods lamp during an assessment to determine the problem areas needing treatment. The light will show all the skin discolorations and imperfections.

Related Words &

Expressions:

purple light

22



wrinkling

Skin Care

wrinkling

(verb - gerund)

Translation: _____

Pronunciation:

o o

/rɪŋklɪŋ/

Definition:

visible creases developing in the skin

Context:

Clients come in for anti-aging facials to help diminish the signs of wrinkling.

Related Words &

Expressions:

lines, crow's feet, smile lines

Non-Technical Words

abrasions	dispose	lubricate
accidental	distributor	manipulations
agent	dormant	medical
alarm	eliminated	occurred
analysis	emergency	percussion
appropriate	ensures	perspiration
aromatic	escort	pertaining
carbuncle	first aid	petroleum jelly
characteristics	flushing	primer
clientele	foundation	process
coagulation	freshener	prognosis
condition	fumes	prominently
consult	garbage	rapport
container	gland	receptionist
credentials	graciousness	regime
cupboard	hairline	reproduction
dabbing	hair removers	sagging
deodorant	immediately	scheduling
developer	impressions	superfluous
diminish	inform	tidy
discoloration	inherited	toilet
departing	insurance	tolerance
department	inventory	unfavorable
detects	jewelry	vapors
discreetly	lancet	

MY WORD LIST

1. *sales slip (block A)*

sample

1

sales slip

Block

H

sample

sales slip (noun)

Translation:

Pronunciation:

O o

/seɪlz/ /slɪp/

Definition:

*a receipt that is given
after a money
transaction*

Context:

*When a client pays for a
product or service, they receive
a sales slip as proof of
purchase.*

Related Words &
Expressions:

receipt, slip, invoice

MY WORD LIST

MY WORD LIST

MY WORD LIST

MY WORD LIST



Block



Translation:

Pronunciation:

Definition:

Context:

**Related Words &
Expressions:**



Block



Translation:

Pronunciation:

Definition:

Context:

**Related Words &
Expressions:**



Block



Translation:

Pronunciation:

Definition:

Context:

**Related Words &
Expressions:**



Block



Translation:

Pronunciation:

Definition:

Context:

**Related Words &
Expressions:**



Block



Translation:

Pronunciation:

Definition:

Context:

**Related Words &
Expressions:**



Block



Translation:

Pronunciation:

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Context:

**Related Words &
Expressions:**



Block



Translation:

Pronunciation:

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**Related Words &
Expressions:**



Block



Translation:

Pronunciation:

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**Related Words &
Expressions:**



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Translation:

Pronunciation:

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Translation:

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**Related Words &
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Translation:

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Translation:

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Translation:

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Expressions:**



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Pronunciation:

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