

COVID-19

NOVEL CORONAVIRUS

Travelling to cottages

Public health officials advise Manitobans to stay home as much as possible to prevent the spread of COVID-19. When people do go out, they should take steps to maintain social distancing. If you must travel to your cottage or second residence, follow these guidelines:

- Do not travel if you or any of your family members require medical care or have symptoms of COVID-19 (fever, cough, runny nose, sore throat, shortness of breath or difficulty breathing). If you have any symptoms, use the screening tool at: www.sharedhealthmb.ca/covid19/screening-tool/ before you travel to see if you need to be tested.
- If you or anyone with you begins to feel ill or experiences COVID-19 symptoms, return home immediately.
 - Only travel with immediate family members who live with you.
 - Shop at local restaurants and businesses that offer curbside or pick-up services, and otherwise go directly to and from your destination without visiting other residences or businesses.
 - Bring all necessary supplies.
 - Take all required prescription drugs and medical supplies.
 - Get fuel before you leave home.
 - Do not visit others outside of your immediate family.
 - Do not use public facilities, such as playgrounds or washrooms.
 - Maintain a two-metre distance from all non-family members.
 - Wash your hands frequently and thoroughly.
 - Avoid tasks that may result in injury.
- Do not use local health providers, unless it is an emergency.
- In the event of a medical emergency requiring evacuation, be sure you can contact local authorities. Emergency contact information varies by region. Ensure you collect and take that information with you before you leave home.
- Public health officials advise that choosing to wear a non-medical mask is another way of covering your mouth and nose to prevent your respiratory droplets from

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spreading to others or landing on surfaces. These masks may not protect you from becoming infected with COVID-19. Medical masks should be reserved for medical professionals.

Public officials have advised people not to travel outside Manitoba, with some exceptions. These rules apply only to travel in Manitoba. Authorities in other provinces control restrictions in those provinces.

For information on any travel restrictions or public health orders in place, visit www.manitoba.ca/covid19 .