



Winnipeg Regional Health Authority  
Caring for Health  
Office régional de la santé de Winnipeg  
À l'écoute de notre santé

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490, rue Hargrave  
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December 13, 2020

Linden Meadows School  
335 Lindenwood Dr. E  
Winnipeg, MB, R3P 2H1

Dear Parent/Guardian of Students at Linden Meadows School,

Manitoba public health officials advised Linden Meadows School today of a confirmed case of COVID-19 in the school on December 8<sup>th</sup> and 9<sup>th</sup> when the individual may have been infectious.

Linden Meadows School is working closely with public health officials and following their recommendations.

Based on the public health investigation, this exposure was assessed to be low risk. The infection was not believed to be acquired at school. Anyone who was in the same cohort is recommended to self-monitor for symptoms up to and including December 23<sup>rd</sup> and seek testing if symptoms develop.

Please note: the school is not permitted to release the name or any identifying information about the confirmed case of COVID-19 to any member of the school, community or media.

If you have not been contacted by a letter from public health officials, your child(ren) have not been identified as being exposed to COVID-19 from this case. If your child develops a new onset or worsening of any one symptom listed in Column A or any two or more symptoms listed in Column B (see table below), even if they are mild, immediately isolate them from others. It is recommended your child get tested for COVID-19 as soon as symptoms appear. You may go directly to the nearest COVID-19 testing location during their open hours. For the testing site nearest you, please visit <https://www.gov.mb.ca/covid19/testing/locations.html>, or call Health Links—Info Santé at 204-788-8200 or toll-free at 1-888-315-9257. Public health officials are also advising anyone who is symptomatic, or has a household member who is symptomatic, that the entire household needs to self-isolate pending COVID-19 test results.

A	B
Fever/Chills	Runny nose
Cough	Muscle aches

Sore throat/hoarse voice	Fatigue
Shortness of breath/difficulty breathing	Pink eye (conjunctivitis)
Loss of taste or smell	Headache
Vomiting or diarrhea for more than 24 hours	Skin rash of unknown cause
	Nausea or loss of appetite
	Poor feeding (if an infant)

Please note: individuals with symptoms outlined in columns A and B, who choose not to be tested, must isolate for a minimum of 10 days following the start of symptoms. Isolation can be stopped at day 10 if the individual has been symptom free for 24 hours.

For more public health information about COVID-19, please visit <https://manitoba.ca/covid19/updates/resources.html>.

Sincerely,



Dr. Shilpa Loewen  
Medical Officer  
Manitoba Health, Seniors and Active Living