



Winnipeg Regional Health Authority  
Caring for Health  
Office régional de la santé de Winnipeg  
À l'écoute de notre santé

490 Hargrave Street  
Winnipeg, Manitoba  
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[www.wrha.mb.ca](http://www.wrha.mb.ca)

490, rue Hargrave  
Winnipeg (Manitoba)  
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December 6, 2020

Principal Sparling School  
1150 Sherburn Street  
Winnipeg, MB  
R3E 2N4

Dear Parent/Guardian of students at Principal Sparling School,

Manitoba public health officials advised Principal Sparling School of two confirmed cases of COVID-19 in the school between November 26 and December 2, 2020 when the individuals may have been infectious.

Principal Sparling School is working closely with public health officials and following their recommendations.

The public health investigation is ongoing. At this point, there is no known direct link between these cases or any previously announced cases.

Close contacts connected to the cases have been identified by public health. Anyone who is a close contact has received a letter notifying that they are a close contact and been advised to self-isolate (quarantine). Anyone in same classes has been advised to self-monitor for symptoms. The school will remain open to all other students and staff, who can continue to attend school in person.

Please note: the school is not permitted to release the name or any identifying information about the confirmed case of COVID-19 to any member of the school, community or media.

If you have not been contacted by a letter from public health officials, your child(ren) have not been identified as being exposed to COVID-19 from these cases. If your child develops a new onset or worsening of any one symptom listed in Column A or any two or more symptoms listed in Column B (see table below), even if they are mild, immediately isolate them from others. It is recommended your child get tested for COVID-19 as soon as symptoms appear. You may go directly to the nearest COVID-19 testing location during their open hours. For the testing site nearest you, please visit <https://www.gov.mb.ca/covid19/testing/locations.html>, or call Health Links—Info Santé at 204-788-8200 or toll-free at 1-888-315-9257. Public health officials are also advising anyone who is symptomatic, or has a household member who is symptomatic, that the entire household needs to self-isolate pending COVID-19 test results.

A	B
Fever/Chills	Runny nose
Cough	Muscle aches
Sore throat/hoarse voice	Fatigue
Shortness of breath/difficulty breathing	Pink eye (conjunctivitis)
Loss of taste or smell	Headache
Vomiting or diarrhea for more than 24 hours	Skin rash of unknown cause
	Nausea or loss of appetite
	Poor feeding (if an infant)

Please note: individuals with symptoms outlined in columns A and B, who choose not to be tested, must isolate for a minimum of 10 days following the start of symptoms. Isolation can be stopped at day 10 if the individual has been symptom free for 24 hours.

For more public health information about COVID-19, please visit <https://manitoba.ca/covid19/updates/resources.html>.

Sincerely,



Dr. Jordyn Lerner  
Medical Officer  
Manitoba Health, Seniors and Active Living