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Winnipeg Regional
Health Authority

Caring for Health

Office régional de la
santé de Winnipeg

À l'écoute de notre santé

December 6 2020

Sherwood School
509 Grey St
Winnipeg, MB
R2K 2Z1

Dear Parent/Guardian of Students at Sherwood School,

Manitoba public health officials advised Sherwood School today of a confirmed case of COVID-19 in the school on November 30 - December 1 2020 when the individual may have been infectious.

Sherwood School is working closely with public health officials and following their recommendations.

Based on the public health investigation, this exposure was assessed to be low risk. The infection was not believed to be acquired at school. At this time, no close contacts have been identified at Sherwood School. No one is required to self-isolate from this exposure. Anyone who was in same class is recommended to self-monitor for symptoms up to and including December 15 2020 and seek testing if symptoms develop.

Please note: the school is not permitted to release the name or any identifying information about the confirmed case of COVID-19 to any member of the school, community or media.

If you have not been contacted by a letter from public health officials, your child(ren) have not been identified as being exposed to COVID-19 from this case. If your child develops a new onset or worsening of any one symptom listed in Column A or any two or more symptoms listed in Column B (see table below), even if they are mild, immediately isolate them from others. It is recommended your child get tested for COVID-19 as soon as symptoms appear. You may go directly to the nearest COVID-19 testing location during their open hours. For the testing site nearest you, please visit <https://www.gov.mb.ca/covid19/testing/locations.html>, or call Health Links—Info Santé at 204-788-8200 or toll-free at 1-888-315-9257. Public health officials are

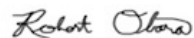
also advising anyone who is symptomatic, or has a household member who is symptomatic, that the entire household needs to self-isolate pending COVID-19 test results.

| A | B |
|---|-----------------------------|
| Fever/Chills | Runny nose |
| Cough | Muscle aches |
| Sore throat/hoarse voice | Fatigue |
| Shortness of breath/difficulty breathing | Pink eye (conjunctivitis) |
| Loss of taste or smell | Headache |
| Vomiting or diarrhea for more than 24 hours | Skin rash of unknown cause |
| | Nausea or loss of appetite |
| | Poor feeding (if an infant) |

Please note: individuals with symptoms outlined in columns A and B, who choose not to be tested, must isolate for a minimum of 10 days following the start of symptoms. Isolation can be stopped at day 10 if the individual has been symptom free for 24 hours.

For more public health information about COVID-19, please visit <https://manitoba.ca/covid19/updates/resources.html>.

Sincerely,



Dr. Robert Obara
Medical Officer
Manitoba Health, Seniors and Active Living