



Winnipeg Regional Health Authority
Caring for Health
Office régional de la santé de Winnipeg
À l'écoute de notre santé

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December 1, 2020

Sister MacNamara School
460 Sargent Ave
Winnipeg, MB R3B 1V5

Dear Parent/Guardian of Students at Sister MacNamara School,

Manitoba public health officials advised Sister MacNamara School today of a confirmed case of COVID-19 present in the school on November 25 & 26, 2020 when the individual may have been infectious.

Sister MacNamara School is working closely with public health officials and following their recommendations. Based on the public health investigation, this exposure was assessed to be low risk overall for the school community. Close contacts are being advised to self-isolate, effective today.

Please note: the school is not permitted to release the name or any identifying information about the confirmed case of COVID-19 to any member of the school, community or media.

If you have not been contacted via a separate letter, your child has not been identified as being exposed to COVID-19 from this case. However, if your child develops a new onset or worsening of any one symptom listed in Column A or any two or more symptoms listed in Column B (see table below), even if they are mild, immediately isolate them from others. It is recommended your child get tested for COVID-19 as soon as symptoms appear. You may go directly to the nearest COVID-19 testing location during their open hours. For the testing site nearest you, please visit gov.mb.ca/covid19/locations.html, or call Health Links-Info Santé at 204-788-8200 or toll-free at 1-888-315-9257.

A	B
Fever/Chills	Runny nose
Cough	Muscle aches
Sore throat/hoarse voice	Fatigue
Shortness of breath/difficulty breathing	Pink eye (conjunctivitis)
Loss of taste or smell	Headache
Vomiting or diarrhea for more than 24 hours	Skin rash of unknown cause

	Nausea or loss of appetite
	Poor feeding (if an infant)

Please note: individuals with symptoms outlined in columns A and B, who choose not to be tested, must isolate for a minimum of 10 days following the start of symptoms. Isolation can be stopped at day 10 if the individual has been symptom-free for 24 hours.

For more public health information about COVID-19, please visit <https://manitoba.ca/covid19/updates/resources.html>.

Sincerely,



Dr. Lisa Richards MD MSc FRCPC
Medical Officer of Health
Winnipeg Regional Health Authority