

## **Healthy Schools Initiative**

**DUE: October 31, 2023**

### **About the Healthy Schools Grants**

As part of the Healthy Schools Initiative, schools receive the Healthy School Grant (HSG) annually to support their Healthy Schools plans and priorities. It is available to support schools as they work together with their community partners (including local regional health authorities) to build healthy school communities. Individual school funding is calculated as \$125.00 + \$2.06 per student in the school.

Activities are planned and implemented based on the needs identified within the school community and align with the priority health topics of Healthy Schools (healthy eating, mental health promotion, physical activity, safety and injury prevention, sexual health, and substance abuse and addictions). The grants are also intended to improve the health outcomes for priority student populations, including low socioeconomic status, Indigenous populations, Newcomers and 2SLGBTQ+ students. Schools are also encouraged to use results from surveillance tools to facilitate evidence-informed decision-making.

### **Guidelines for Allocation of Healthy Schools Grant**

Healthy Schools Grants can be used to support:

- Direct programming for Kindergarten to Grade 12 students;
- Population-health programming, delivered by certified instructors (cannot include paid salaried positions);
- One-time events (e.g. wellness days or community events) with clear intent to integrate community members in the school environment or increase parental engagement;
- Speaker fees or presentations that relate directly to the identified priority areas;
- Field trips, experiential learning and knowledge enhancement, relating to the identified priority areas (cannot include fuel or transportation costs);
- Building staff capacity within priority areas (not to exceed 30% of funding);
- Equipment purchases with evidence of availability for all students' use, supplementing equipment available to programming for priority populations, when no other funding source is available.

Healthy Schools Grants cannot be used to support:

- Fuel or transportation costs;
- Conference fees for teachers;
- Textbooks;
- Facility safety (e.g. radon testing);
- "Our School" (Tell Them from Me) Survey modules;
- Retreats for administrators and associated meeting costs;
- Salaried positions (e.g. clinicians, social worker, therapist, AFM worker);
- Health screening (e.g. vision, hearing, behavioural assessments or oral health screens);
- Capital or facility expenses, however, equipment for focussed programming can be purchased as noted above;
- Therapeutic interventions or individual interventions (e.g. home placement transition supports, one-on-one counseling, Cognitive Behavioural Therapy or other behavioural interventions)

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**Guidelines for Completing and Submitting the Healthy Schools Grant Report**

The annual report provides an account of Healthy Schools activities from the 2022-23 school year. Completion of the report is required to receive the Healthy Schools Grant for the following school year (2023-24). First Nations and Independent schools are required to provide a letter or email, from the principal or staff member responsible for administering the Healthy Schools Grant, by October 31st each year, which outlines:

- The amount of funding received.
- Priority focus areas (healthy eating, mental health promotion, physical activity, safety and injury prevention, sexual health, and substance abuse and addictions) where funds were spent.
- Activities, programs or equipment purchases supported by Healthy Schools Grant funds.
- Short narrative (2-3 sentences) outlining each activity identified above.
- Short narrative (2-3 sentences) outlining how funding decisions were made (e.g. committee, sources of data, community needs assessment)

If these reporting requirements are not met, schools will not be eligible for Healthy Schools Grants in subsequent years.

**There are two ways the HSG Report can be completed and submitted:**

1. **Email** – complete the report in “word document” format OR in the body of an email, and submit to [healthyschools@gov.mb.ca](mailto:healthyschools@gov.mb.ca)
2. **Mail** – complete the report and mail a hard copy to the Healthy Schools Initiative (4089-300 Carlton Street, Winnipeg MB R3B 3M9). Please keep a copy for your records prior to mailing.

**Direct inquires about reports to:** Manitoba Healthy Schools  
Email: [healthyschools@gov.mb.ca](mailto:healthyschools@gov.mb.ca)  
4089-300 Carlton Street  
Winnipeg, Manitoba R3B 3M9