

# Canada-Manitoba Housing Benefit – Youth Stream

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The Canada-Manitoba Housing Benefit (CMHB) is a rent benefit that moves with you to help with housing costs. The youth stream of this benefit helps support independence for youth who have been in, or who have transitioned out of the care of Manitoba's Child and Family Services (CFS) and need help to pay for rent. The benefit in this stream can be used anywhere in the private market in Manitoba. This benefit is also for youth who are in the process of transitioning out of CFS care on a pre-approval basis.

## Eligibility

**To be eligible for the CMHB youth stream, applicants must:**

- A. To be eligible for the youth stream of the CMHB, you must:
- be a young adult (17 to 26 years old) that has been in the care of Manitoba Child and Family Services (CFS), including Indigenous Governing Bodies;
  - complete a program application;
  - be receiving Employment and Income Assistance (EIA) or non-EIA Rent Assist **OR** have a net income at or below \$28,720 (this is the non-EIA Rent Assist Disability Program Income Limit as of January 2023.) ;
  - need assistance to cover rental costs;
  - live in private rental accommodation; and
  - have a tenancy agreement. *Note: If an applicant does not have a signed tenancy/rent agreement when they apply for the CMHB, the application may be pre-approved until the applicant obtains a tenancy/rent agreement. At that time, the benefit amount can be determined.*

**You may not apply for the CMHB if:**

- you rent your home from Manitoba Housing or other subsidized housing;
- you live on a First Nations reserve;
- you live in a hospital or residential care facility;
- you live in student housing;
- you live outside of Manitoba.

## Benefit Calculation

For eligible applicants, the CMHB will be calculated as:

If you are receiving EIA Rent Assist, your benefit will be calculated as:

CMHB = Rent – Rent Assist, up to \$350 per month

If you are receiving non-EIA Rent Assist, your benefit will be calculated as:

CMHB = Rent – (30% of income + non-EIA rent assist), up to \$350 per month

If you are not receiving EIA or non-EIA Rent Assist, the benefit will be \$350 per month

If you are paying for your utilities out of pocket (i.e., a cold rent), you are eligible to receive an additional \$72 on top of your monthly benefit amount to help with your utility costs.

## Applying

To apply for the youth stream of the CMHB, [download an application form](#), or call Provincial Services at 204-948-7368 in Winnipeg; 1-877-587-6224 toll free; or TTY 204-948-3698 to have an application form mailed to you.

Agencies can assist youth to apply for the CMHB.

