

FASD Services in Manitoba Resource List

FASD Information Manitoba Toll free: 1-866-877-0050

This telephone service provides callers with confidential information about Fetal Alcohol Spectrum Disorder (FASD). When you call between 9 a.m. and 4:30 p.m. Monday to Friday, you will speak with someone who can respond to your questions and offer support to parents, caregivers, teachers, professionals, and individuals in Manitoba needing advice and information about individuals living with FASD or alcohol use during pregnancy. Relevant print materials may also be mailed to callers on request.

I. Diagnostic Services

Clinic for Alcohol and Drug Exposed Children

Children's Hospital of Winnipeg
CK275-840 Sherbrook St.
Winnipeg MB R3A 1S1
Phone: 204-787-1828

CADEC provides multi-disciplinary assessment, diagnostic and follow-up services where there has been confirmed prenatal exposure to alcohol. Referrals may be accepted from health providers, families and other agencies with the consent and involvement of the legal guardian.

Fetal Alcohol Support Team Department of Pediatrics Northern Consultation Clinic

Thompson General Hospital
867 Thompson Drive S.
Thompson MB R8N 0C8
Phone: 204-677-5314

This clinic is the diagnostic FASD centre for the Burntwood region. Support, follow-up and ongoing care is provided to children with FASD and their families.

II. Outreach and Support Services

A. Pregnancy and FASD Prevention Services

Stop FASD is an intensive three-year outreach program for women who are pregnant or have recently given birth and are using alcohol and/or drugs. Mentors work one-on-one with women to provide practical supports, promote healthier lifestyles and connect women to community services. Referrals may be made by individuals or agencies. The community-based Stop FASD sites are:

Aboriginal Health and Wellness Centre FASD Prevention Program

215-181 Higgins Ave.
Winnipeg MB R3B 3G1
Phone: 204-925-3750

This program is specific to Aboriginal and Métis women.

Nor'West Mentor Program

Nor'West Community Health Centre
103-61 Tyndall Ave.
Winnipeg MB R2X 2T4
Phone: 204-940-6646

The Pas Mentor Program

Primary Health Care Centre
111 Cook Ave.
The Pas MB R9A 1K4
Phone: 204-623-9649

Grassroots Mentoring: FASD Prevention Program

Burntwood Regional Health Authority
867 Thompson Drive
Thompson MB R8N 1Z4
Phone: 204-667-5372

For a directory of youth and adult addiction treatment resources visit www.gov.mb.ca/health/mh



B. Children and/or Youth with FASD - Treatment and Support

Interagency FASD Program

Unit 10 – 254 Stella Walk
Winnipeg MB R2W 2T3
Phone: 204-582-8658
www.ifasd.mb.ca

The Interagency FASD Program works in partnership with parents and professionals to develop programs that are individualized to meet the needs of children with FASD up to age six, living in Winnipeg. The program also provides home-based services and counselling to families; and helps to access family advocacy and other services.

FASD Outreach Team

139 Tuxedo Ave.
Winnipeg MB R3N 0H6
Phone: 204-945-2295

The FASD Outreach Team works in Winnipeg with parents and professionals to develop specialized early interventions for children up to six years of age with an FASD diagnosis. Home and community-based services address the environmental, behavioural, and attachment related issues that influence the child's ability to function. Short-term consultation may be available to families or agencies in rural Manitoba who are able to travel to Winnipeg.

Children's Therapy Initiative – Central Intake

Effective June 2008, Central Intake will receive and process referrals for children, primarily of preschool age. **Central Intake is able to refer to Children's Special Services, Rehabilitation Centre for Children, Society for Manitobans with Disabilities and St. Amant Centre.**

The Children's Therapy Initiative is province-wide and includes all children from birth to 21 years of age requiring **audiology, occupational therapy, physiotherapy and/or speech-language pathology services.** The goal is to provide coordinated, regionally based services that allow children to reach their full potential.

In Winnipeg call **Specialized Services for Children and Youth (SSCY) at 787-8615.**

In rural Manitoba call the regional health authority in your area.

For more detailed information regarding Children's Therapy Initiative visit www.gov.mb.ca/fs/

C. Youth Support and Services

FASD Youth Justice Project

Manitoba Youth Centre
170 Doncaster St.
Winnipeg MB R3N 1X9
Phone: 204-928-7170

This program is for youth living in Winnipeg and The Pas who are in the pre-sentence phase of the justice system, have confirmed prenatal exposure to alcohol and no prior FASD diagnosis. The goal is to ensure youth affected with FASD who are in conflict with the law receive a multidisciplinary assessment, diagnosis, appropriate judicial disposition and improved access to appropriate services. Referrals are accepted from the justice system, parents/guardians and youth.

Spectrum Connections FASD Program

c/o FASD Life's Journey Inc.
17-794 Sargent Ave.
Winnipeg MB R3E 0B7
Ph: 204-772-1591

This program provides services for transitioning youth and adults living with FASD within Winnipeg, who are ineligible for other Manitoba support program funding. Spectrum supports youth with FASD to transition into adulthood; supports youth and adults with FASD to function more interdependently in the community; and, increases the functioning and quality of life of youth and adults who are affected by FASD. Services include family support, clinical case management, transition planning for youth, outreach mentorship, clinical services and consultation and training.

D. Family Support and Service

Fetal Alcohol Family Association of Manitoba

3rd floor, 555 Broadway
Winnipeg MB R3C 0W4
Phone: 204-786-1847
Toll Free: 1-866-890-1402
www.fafam.ca

FAFAM provides advocacy, support and education to families and service providers living and working with individuals with FASD. FAFAM offers parent support groups, social events for families, workshops for families and service providers and a newsletter.

New Directions for Children, Youth and Families The Family Therapy Program

400 – 491 Portage Ave.
Winnipeg MB R3B 2E4
Phone: 204-786-7051 ext. 262
www.newdirections.mb.ca

This program offers group and individual counselling, tailored to meet the needs of the family. The program helps to identify and address issues such as change in the family, physical aggression, delinquency, drug or alcohol abuse, running from home, managing anger and anxiety, childhood depression and fears. Families may call directly to request services.

Community Living Winnipeg

1-120 Maryland St.
Winnipeg MB R3G 1L1
Phone: 204-786-1414
www.communitylivingwinnipeg.com

CLW offers support services to all persons living in Winnipeg with developmental and intellectual disabilities, including those with FASD. CLW offers advocacy support, parent support groups, youth programming, agency training and workshops.

E. Adults Living with FASD

FASD Life's Journey Inc.

17-794 Sargent Ave.
Winnipeg MB R3E 0B7
Phone: 204-772-1591
www.fasdlifesjourney.ca

FASD Life's Journey Inc. provides a full range of supports to adults affected by FASD who qualify for funding from the Supported Living Program, Provincial Special Needs Program or Community Mental Health. Spectrum Connections, a program of FASD Life's Journey, provides services for transitioning youth who are ineligible for other Manitoba support program funding.

Fetal Alcohol Spectrum Disorder Program Mennonite Central Committee

3rd floor, 1200 Portage Ave.
Winnipeg MB R3G 0T5
Phone: 204-925-3414

This program provides support for adults with FASD residing in or near Winnipeg through one-on-one mentorship and facilitation of support circles. It also provides peer support groups for families, as well as workshops and presentations for families and faith communities.

Provincial Supported Living Program

Check regional listings at www.manitoba.ca/fs/pwd

The Supported Living Program of Manitoba Family Services and Housing provides a range of support services for Manitobans living with a mental disability and their families. The program supports eligible adults to live safely and participate fully in the community. To be eligible, an individual must be 18 years of age or older and have significantly impaired intellectual functioning. The program includes Residential Services, Day Services and Support Services.

Manitoba Special Needs Program

896 Main St.
Winnipeg MB R2W 3P3
Phone: 204-945-4514

Manitoba Special Needs Program offers services to people with a mental disorder or disability who pose a high risk to themselves or others, and who are not eligible for other existing services. The program helps support individuals to live successfully in the community, while striving to ensure public and personal safety. Services include case management, consultation, funding support and resource development.

III. Mental Health Services for Children and Youth

Centralized Intake - Child and Adolescent Mental Health Program

848 William Ave.
Winnipeg MB R3E 0Z6
Phone: (204) 958-9660

To improve access to WRHA child and adolescent mental health resources, intake and referral services have been linked to create a single point of entry within Winnipeg. These services are for children and adolescents (age three to 18 yrs) experiencing emotional or behavioural concerns as well as symptoms of mental illness. Parents, caregivers, doctors and/or counsellors can make referrals. **Centralized Intake is able to directly refer to services at MATC, St. Boniface General Hospital and Health Sciences Centre.**

Rural Manitoba:

Contact Mental Health Services at your local regional health authority office or the Mental Health and Addictions Branch of Manitoba Health and Healthy Living.

Phone: 204-786-7101
www.gov.mb.ca/healthyliving/mh

IV. Information and Education

Addictions Foundation of Manitoba

1031 Portage Ave.
Winnipeg MB R3G 0R8
Phone: 204-944-6358
www.afm.mb.ca

AFM offers courses related to women and addictions and FASD. The William Potoroka Memorial Library holds the largest collection of FASD resources in the province, focusing on FASD research, prevention and awareness, as well as parenting, caregiving and educational strategies. Membership is free and available to all residents of Manitoba. To contact the library phone: 204-944-6233.

Canadian Centre on Substance Abuse FASD Information and Consultation Service

1-800-559-4514
www.ccsa.ca

The CCSA has a legislated mandate to provide national leadership and evidence-informed analysis and advice to mobilize collaboration that reduces alcohol – and other drug-related harms. The FASD Information Service aims to be a focal point for Canadian practitioners addressing FASD by providing recent and accurate information on the issue of substance use and pregnancy.

Coalition on Alcohol and Pregnancy

www.capmanitoba.ca

CAP brings together families, service providers, community organizations and government representatives from across the province to share information and resources, co-ordinate activities and plan together to address issues related to FASD. The coalition regularly holds lunch-hour information sessions, which are broadcast via the Telehealth network, brings expert speakers to Manitoba and produces a newsletter.

Healthy Child Manitoba Office

219-114 Garry St.
Winnipeg MB R3C 4V6
Phone: 204-945-2266
Toll Free: 1-888-848-0140
www.gov.mb.ca/healthychild

Healthy Child Manitoba bridges departments and governments and, together with the community, works to improve the well-being of Manitoba's children and youth. HCM's efforts include funding FASD prevention programs and programs that support families and individuals living with FASD; creating and supporting community partnerships, and making resources available to the public.

Community Living Manitoba

6-120 Maryland St.
Winnipeg MB R3G 1L1
Phone: 204-786-1607
www.aclmb.ca

CLM is dedicated to the full community participation and inclusion of persons of all ages who live with an intellectual disability. CLM offers information and advocacy regarding individuals living with a disability.

Mental Health Education Resource Centre of Manitoba

4 Fort Street, Suite 100
Winnipeg MB R3C 1C4
Phone: 204-953-2355
Toll Free: 1-866-997-9918
www.manitoba.cmha.ca

MHERC promotes mental health and well-being by providing Manitobans with information resources through a lending library and an informational website.

Public Health Agency of Canada

Manitoba and Saskatchewan Regional Office
1015 Arlington St.
Winnipeg MB R3E 3R2
Phone: 204-789-7429
www.phac-aspc.gc.ca/fasd-etcaf/index.html

PHAC leads and co-ordinates national policy, program development and strategic advice from FASD experts. The PHAC website provides basic information on FASD, as well as up-to-date news and links to important resources and reports.

Health Canada First Nations and Inuit Health Programs

300-391 York Ave.
Winnipeg MB R3C 4W1
www.hc-sc.gc.ca/fniah-spnia/famil/preg-gros/intro-eng.php

This website provides information on FASD programming in First Nations communities.

Red River College, Continuing Education Division

C106-2055 Notre Dame Ave.
Winnipeg MB R3H 0J9
Phone: 204-632-2145
www.rrc.mb.ca

RRC offers two FASD continuing education programs: Applied Studies in Fetal Alcohol Syndrome/Effects Certificate and Family Support Worker/FASD.

Pluri-elles (Manitoba) Inc.

570 rue Des Meurons
Winnipeg MB R2H 2P8
Phone: 204-233-1735
Toll Free: 1-800-207-5874
www.pluri-elles.mb.ca

This organization offers French language programming specific to FASD when requested by community.