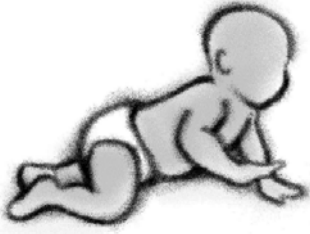


Learn more about pregnancy, health, nutrition and your baby's development

HEALTHY BABY

Winnipeg Community Support Programs

• support before and after your baby is born •



Parenting Tips • Nutrition Activities • Bonding with your Baby • Milk Coupons • Bus Tickets

Downtown & Wolseley:

“Valour Community Centre Baby Circle”

775-3869
Valour Community Centre
(Isaac Brock Site)–
715 Telfer St. N

“Healthy Start for Mom & Me”

949-5350
Freight House Comm. Centre–
Door 1–200 Isabel St.
Knox United Church–
400 Edmonton St.
(Newcomers to Canada)
Magnus Eliason Rec. Centre–
2nd floor–430 Langside St.
Wolseley Family Place–
Lower Level–691 Wolseley Ave.

“Building Healthy Families”

772-1923 ext.212
Crossways in Common–
102-222 Furby St.

North End & McPhillips:

“Baby Feathers”

982-4425 or 982-4563
Gilbert Park–1-45A Gilbert Ave.

“Healthy Start for Mom & Me”

949-5350
Hope Centre–240 Powers St.
Trinity Place Church–
265 Flora Ave.
Weston Comm. Centre–
1625 Logan Ave.
Maples Community Centre –
434 Adsum Drive

“Sweet Grass and Little Braids”

586-8441
Indian & Metis Friendship Centre–
45 Robinson St.

“Families Connecting”

947-2422 ext.113
Victory School–
395 Jefferson Ave.

Fort Garry & St. Boniface:

“Healthy Start for Mom & Me”

949-5350
Trinity United Church
(near Pembina Highway)–
933 Summerside Ave.

“Bébés, parents, et gazouillements”

257-7642
Ecole Précieux–Sang
Centre de la petite enfance–
209 Kenny St.
Windsor Park United Church–
1062 Autumnwood Drive
(Services in French)

“Little Moccasins”

586-8474
Windsor Park United Church–
1062 Autumnwood Drive

St. Vital:

“Family Foundations”

946-9153
1-285 St Anne's Rd

“Baby and Me”

255-4840
The United Church in Meadowood
1111 Dakota Street
(across from Collège Jean -Sauvé)

“Young Expectations”

255-4840
Youville Centre–
6-845 Dakota St.

Charleswood & St. James:

“Great Expectations”

885-5415
Westgrove School–
50 Westgrove Way
Deer Lodge Comm. Centre–
323 Bruce Ave.
Heritage-Victoria Comm. Centre–
950 Sturgeon Road

Transcona East & North Kildonan:

“Parents Connecting– Growing Baby”

982-1720
Braeside Church–
1011 Munroe Ave.

“Families Connecting”

947-2422 ext.113
Transcona Memorial
United Church–
209 Yale Ave. West
Riverwood Community Church–
257 Riverton Ave.
Access River East–
975 Henderson Hwy.
(evening classes)

“Young Parents Connecting”

223-9450
Kildonan East Collegiate–
845 Concordia Ave.

River & Osborne:

“Families Connecting”

947-2422 ext.113
Lord Roberts Comm. Centre–
725 Kylemore Ave.
Augustine United Church–
109 Pulford St.

For information about the Manitoba Prenatal Benefit,
please call 204-945-1301 or toll-free 1-800-848-0140

For Community support programs in First Nations communities,
please call 204-983-4199

 Healthy Child Manitoba
Putting children and families first

Manitoba 